



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Centennial Hills YMCA TEEN PROGRAMS

## 2021

Open to grades 6 and up

# TEEN PROGRAMS

### TEEN TALKS

#### FROM 1-2PM

Led by experienced staff, this program is designed to guide teens on making positive choices concerning their lives & relationships. Each week, teens will be divided into small groups to discuss hot topics such as developing self-confidence, dealing with bullying, & recognizing toxic relationships.

#### Upcoming program dates

- ▼ Jan 2nd | Jan 16th
- ▼ Feb 6th | Feb 20th
- ▼ Mar 6th | Mar 20th
- ▼ Apr 3rd | Apr 17th
- ▼ May 1st | May 15th

### TEEN CONNECTION

#### FROM 2-5PM

Connect with your potential! Connect with friends! Connect at the Y! Join us for tons of activities created by teens, for teens. Develop lifelong friendships as you strengthen your mind, body, & community. Participants will engage in a variety of social, service-learning, & life skill development activities. These range from helping foster youth, public speaking, & learning sign language.



Follow us on  
**Instagram**

@ Y.Teens.Care

### TEEN NIGHT

#### FROM 5-9PM

Join your friends for a night to remember! Activities in the gym & park, video games, dinner, fun theme nights, & so much more await!

**TEEN PROGRAMS DAY PASS**

Enjoy all three programs for \$20

**Spots are Limited!**

**Register today before they're all gone!**

**For more info, please contact:**  
Chris Olmstead at 702.522.7436  
colmstead@lasvegasyymca.org

**Centennial Hills YMCA**  
6601 N Buffalo Dr  
Las Vegas, NV 89131  
702.478.9622  
LasVegasYMCA.org

