



CENTENNIAL HILLS YMCA

POOL SCHEDULE

	LAP SWIMMING	REC SWIM	AQUA CLASS
MONDAY	6am—12pm: 2-4 Lanes 7pm—8pm: 2-4 Lanes	6am—12pm: 1-2 Lanes 7pm—8pm: 1 Lane	9:15am—10am 1-2 Lanes
TUESDAY	6am—12pm: 2-4 Lanes 7pm—8 pm: 2-4 Lanes	6am—12pm 1-2 Lanes 7pm—8pm: 1 Lane	9:15am—10am 1-2 Lanes
WEDNESDAY	6am—12pm: 2-4 Lanes 7pm—8pm: 2-4 Lanes	6am—12pm: 1-2 Lanes 7pm—8pm: 1 Lane	8:15am—9am 1-2 Lanes 6:15pm—7pm 1-2 Lanes
THURSDAY	6am—12pm: 2-4 Lanes 7pm—8pm: 2-4 Lanes	6am—12pm 1-2 Lanes 7pm—8pm: 1 Lane	8:15am—9am (Therapy Pool)
FRIDAY	6am—12pm: 2-4 Lanes	6am—12pm 1-2 Lanes	9:15am—10am 1-2 Lanes
SATURDAY	7am—11am: 1-2 Lanes	7am—10am 1 Lane	POOL HOURS Monday—Thursday: 6am—12pm 4pm—8pm Friday: 6am—12pm Saturday: 7am - 12pm Sunday: CLOSED
SUNDAY	CLOSED	CLOSED	

WAVE

THE THERAPY POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am—12pm 4pm—5pm 6pm—8pm	6am—12pm 4pm—5pm 6pm—8pm	6am—12pm 4pm—5pm 7pm—8pm	6am—8am 9am—12pm 4pm-5pm 6pm—8pm	6am-12pm	7am—9am 10:45am—12pm	CLOSED

*YMCA swim instructors may use lanes and therapy pool during open times for private swim lessons
 LANE AVAILABILITY MAY BE SUBJECT TO CHANGE ON A DAILY, WEEKLY OR MONTHLY BASIS
 Masters Swim Program is a monthly paid for program, register at the front desk