



# CENTENNIAL HILLS YMCA

## SEPTEMBER POOL SCHEDULE

	LAP SWIMMING	FAMILY SWIM	AQUA CLASS
MONDAY	6am—11am: 2-4 Lanes 4pm—7pm: 1-2 Lane 7pm—7:30pm: 1 Lane	6am—11am 1-2 Lanes 4pm—7pm: 1 Lanes	9:15am—10am 1-2 Lanes
TUESDAY	6am—11am: 2-4 Lanes 4pm—7pm: 2-4 Lanes	6am—11am 1-2 Lanes 4pm—7:30 pm: 1-2 Lanes	
WEDNESDAY	6am—11am: 2-4 Lanes 4pm—7pm: 1-2 Lane 7pm—7:30pm: 1 Lane	6am—11am 1-2 Lanes 4pm—7pm: 1 Lane	8:15am—9am 1-2 Lanes 6:15pm—7pm 1-2 Lanes
THURSDAY	6am—11am: 2-4 Lanes 4pm—7pm: 2-4 Lanes	6am—11am 1-2 Lanes 4pm—7pm: 1-2 Lanes	8:15am—9am (Therapy Pool)
FRIDAY	6am—11am: 2-4 Lanes	6am—11am 1-2 Lanes	9:15am—10am 1-2 Lanes
SATURDAY	7am—9am 2 Lanes 9am—11am 2-4 Lanes	7am—9am 1-2 Lanes	<b>POOL HOURS</b> Monday—Thursday: 6am—11am 4pm-7:30pm  Friday: 6am—11am Saturday: 7am - 11am Sunday: CLOSED
SUNDAY	CLOSED	CLOSED	

## WAVE

### THE THERAPY POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7am—11am 4:30pm—7:30pm	7am—11am 4pm—7:30pm	7am—9am 9:30am—11am 4:30—7:30pm	7am—8am 9am—11am	7am-11am	7am—9am 9:30am—11am	CLOSED

\*YMCA swim instructors may use lanes and therapy pool during open times for private swim lessons

\*\*LANE AVAILABILITY MAY BE SUBJECT TO CHANGE ON A DAILY, WEEKLY OR MONTHLY BASIS\*\*

\*\*\*Masters Swim Program is a monthly paid for program, register at the front desk\*\*\*