Parents,

Thank you for choosing the YMCA of Southern Nevada for your child’s summer day camp experience! You’ve given your child a wonderful gift – the opportunity to learn new skills, develop meaningful friendships, and discover their potential. We’re looking forward to a safe and exciting summer that instills confidence in your child and creates memories that will last a lifetime.

We’re committed to providing a fun and nurturing environment that supports what your children are learning at home. Safety and supervision are essential components of our program, but that doesn’t get in the way of fun. Every year, my camp team has a blast planning awesome activities that are creative, educational, high-energy, and up with the latest craze to ensure your child has the best summer ever!

This Parent Handbook is designed to offer support and direction as you navigate Y Camp 2020. It contains helpful information to maximize your child’s experience and is a valuable resource for you as well. Please take the time to review this handbook carefully and discuss it with your child prior to your first day.

Summer is my favorite time of year! The energy, excitement, and impact that Y Camp brings our way keeps me on the edge of my seat. Leading nearly 120 camp team members, planning an incredible summer for over 1,700 campers, and building relationships with parents across our four Y’s are my passions. I can’t wait to hear about your child’s exceptional camp experiences and always welcome your ideas to enhance our ever-growing program.

See you at the Y!

Erica Stegall
Association Youth & Family Director
YMCA of Southern Nevada
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PREPARING FOR SUMMER CAMP!

Going to summer camp is a very exciting experience for both campers and parents. It’s natural for everyone to feel anxious about the first day of camp and meeting new friends. We hope this handbook will familiarize you with camp procedures and minimize those “first-day jitters.”

Here are some things to keep in mind:

- Campers are very active during the day; appropriate “play clothes” and completely closed toe and heel shoes are required. Dress for the weather because camp continues rain or shine.

- Don’t forget to pack a bag with your healthy lunch, two healthy snacks, water bottle, swim wear, towel, flip flops, goggles, and sunscreen.

- Label all of your camper’s belongings with their full name (e.g., clothing, towel, water bottle, lunch box, and backpack) and check our Lost & Found Table daily for any missing items.

- Please don’t send valuable clothing or items to camp, including clothing that cannot get dirty/wet, expensive water bottles, jewelry, and the like.

- Keep toys and electronics at home (unless otherwise notified). Our Y-Leaders will provide everything that’s needed for the day’s activities.

- Complete forms and pay balances by the Wednesday prior to the start of the respective week of camp. This will save time at sign-in. See our Camp Guide for offerings, registration information, and payment policies.

- Campers may need additional rest and food after being picked up from their high-energy day.
EXPERIENCE THE YMCA DIFFERENCE
A HISTORY OF EXCELLENCE

The YMCA is the nation’s leader in camping, offering indoor and outdoor programming for over 100 years. The YMCA of Southern Nevada serves over 1,700 children in day camp programs each summer. We are excited to have your camper experience what the Y has to offer. You are in for an adventure that is out of this world!

WHY Y CAMP?
What makes Y Camp stand out from other day camp programs is its comprehensiveness. Y Camp keeps kids physically active through games, sports, and pool time. Creativity is sparked and cognition is expanded through crafts, skits, camp songs, literacy activities, and STEAM projects (Science, Technology, Engineering, Art, Mathematics). Character is developed through our Y Ties Initiative, conflict resolution skill building, and by instilling the Y’s Core Values (Respect, Responsibility, Honesty, and Caring) throughout the day. That’s just the tip of the iceberg! Each week is a new and exciting adventure, jam-packed with tons of fun activities that appeal to a wide range of interests and abilities.

Now more than ever, the Y recognizes the need for the continued support of our camper’s academic success while out of the classroom. This summer, the Y is fully committed to combatting the summer slide! Each morning, campers will participate in fun and enriching academic challenges and activities. These STEM and literacy-based activities have been designed to exercise your child’s mind and enrich what they have learned in the classroom, while still providing the fun, high-energy camp experience that the Y is known for.

Raising the B.A.R. in Camp!
At Y Camp, we’ve raised the “B.A.R.”! Your camper will feel a sense of Belonging, where they will feel comfortable expressing their individuality in a safe and respectful environment. They will feel a sense of Achievement as they develop new skills and realize their passions and talents. They will build Relationships with their Y-Leaders and fellow campers that inspire them to reach their full potential. These important elements are interwoven throughout all camp activities and lay the foundation for everything we do.

ACTIVE CAMP, LED BY ENGAGED STAFF!
We feel confident that we have the best staff around! The YMCA hires only highly-qualified, well-vetted staff members—each of whom have diverse backgrounds that help us create the perfect team. Unlike many other day camp programs, the Y only hires camp staff who are age 18 or over, while reserving a handful of spots for Junior Counselors (ages 16-17) and volunteers in an effort to develop future camp leaders. Most of our Y-Leaders are college students enrolled in psychology or education majors, are full-time educators during the school year, serve as community leaders, have years of childcare experience under their belt, and/or were once Y Campers themselves.

All of our Y-Leaders are extensively screened through a process that involves a thorough application review, interactive interview, references checks, drug testing, and a background check through FBI and state databases. All Y-Leaders are then certified in First Aid, CPR, and AED. In addition, they each undergo over 20 hours of intensive pre-summer training on working with children, behavior management and modification, safety standards, curriculum implementation, and more. This is followed by weekly in-service trainings throughout the summer. We take pride in the high expectations that we set for our Y-Leaders and evaluate them on a regular basis. We also place tremendous emphasis on safety standards by offering a remarkable counselor-to-camper ratio of 1:10 or less.

Y-Leaders model the Y’s Core Values of Caring, Honesty, Respect, and Responsibility. Most importantly, our Y-Leaders are people who love working with children. They are passionate individuals who strive to advocate for our community’s youth. We can’t wait for you to meet them!
CHECK OUT WHAT’S NEW IN Y CAMP!

- Increased educational activities, focused on literacy, math, science, arts, and humanities to combat learning loss associated with extended school closures. Unlike traditional coursework, these are interactive and hands-on activities that promote continued learning.

  Educational activities will occur each morning. Literacy, science, and art activities are each facilitated twice weekly. Math and humanities activities are each facilitated once per week.

- Morning (8:00 AM – 1:00 PM) and afternoon (1:00-6:00 PM) half-day options at a reduced cost of $100/week.

- Financial assistance available (until funding runs out) for families who need extra support.

- Risk-free enrollments. Campers are entitled to a full refund for services that are not rendered, so long as adequate notice is provided. Full refunds are available for any programming cancelled by the YMCA.

- Not a YMCA Member? Take advantage of the Y’s three-month Summer Sizzlin’ Membership for $150/family or $75/individual, and save 10% off of each Traditional Camp week.

- Curbside-only drop-off and pick-up during peak times (7:00-9:00 AM and 4:00-6:00 PM, respectively).
ENHANCED HEALTH & SAFETY GUIDELINES
MEETING OR EXCEEDING FEDERAL, STATE & LOCAL RECOMMENDATIONS

• Significantly smaller group sizes; spots will fill on a first-come, first-served basis so we strongly recommend that parents enroll early.

• Smaller ratios (1 staff per 10 campers.)

• Frequent hand washing/sanitizing.

• Frequent sanitizing of rooms and supplies.

• Enhanced staff training on promoting positive behavior and mental health.

•Modification of large group Fun Friday Assembly to smaller group Camp Celebrations.

• Promotion of healthy hygiene, including personal bubbles, elbow bumps instead of high-fives, covering mouths for coughs/sneezes, not sharing food/beverage items, and not touching faces.

• Encouraging campers to wear a pair of “camp only” shoes.

• Encouraging parents to report any illness within the household to the Camp Director immediately for assessment and prompt response.

• Thorough wellness checks at sign-in and throughout the day for staff, volunteers, and campers.

• Please prepare for sign-in to take longer this year as we prioritize safety over speed.

• Campers, staff, and volunteers must stay home if they feel ill or exhibit signs/symptoms of any communicable illness during wellness checks. While these signs/symptoms may be experienced by individuals with conditions that are not communicable (e.g., allergies), government guidelines dictate that childcare centers should not admit an individual displaying these signs/symptoms nonetheless.
OUR DAILY ADVENTURES!

Traditional Campers participate in tons of fun activities that are developmentally appropriate and designed to appeal to a wide range of interests and abilities. A sample daily schedule can be found in the blue box to your right.

Specialty Camp | Ages 5–15
Many campers just can’t get enough of the fun, so we provide even more ways for them to make this the best summer ever! Specialty Camps provide one to three hours per day (M–TH) of heart-pounding, hair-raising, creative fun. Check out Page 9 of the Camp Guide for offerings. Specialty Campers are pulled from their Traditional Camp group for special activities, before rejoining their Traditional Camp group for the remainder of the day (Traditional Camp is included in the Specialty Camp price). All Specialty Campers must be signed-in by 12:00 PM. On-Site Specialty Camps run from 1:00 PM to 3:00 PM, Monday–Thursday.

On-Site Specialty Camps – Sports
Sports Specialty Campers will spend two hours per day, Monday–Thursday, on the field/court of their designated Y location. These campers will spend the rest of the day with their Traditional Camp group. Our sports camps are led by staff with experience in the sport and are designed to develop skills, confidence, leadership, teamwork, and character through drills, games, and skirmishes. Check out the Camp Guide for offerings.

On-Site Specialty Camps – Art/Science
Art/Science Specialty Campers spend their two hours per day, Monday–Thursday, focused on the arts, humanities, and/or sciences. These campers will spend the rest of the day with their Traditional Camp group. Through creativity and hands-on learning, these campers will discover their passions, develop critical thinking skills, and build the confidence they need to tackle the world. Check out the Camp Guide for offerings.

Swimming
Swimming in our pools is a favorite Y Camp activity! Please help make this an enjoyable experience by sending your child to camp with their swim suit underneath their day clothes. This helps to reduce the chances of lost clothing and will speed up the transition to pool time.

Safety first! All children (and adults) must pass a swim test before swimming in our pools (this is an industry standard). Campers who successfully pass the swim test will wear a green wristband on their left wrist. Please allow your camper to wear that wristband throughout the week. Otherwise, they will be required to pass the swim test daily. Campers who do not pass the swim test (or do not wish to take it) will get to enjoy the shallow areas of the pool or be required to wear a life jacket (provided by the Y). Campers who do not wish to participate in swim time will engage in alternate activities.

Safety around water is an extremely important life skill taught through Y Swim Lessons. Please inquire at the Member Services Desk or online to support your child’s development and safety.
A TIME TRAVELER’S TYPICAL DAY
Please note that the following is a sampling of a typical day at Y Camp. Activity schedules vary by branch, age group, and day of the week.

7:00 AM – WELCOME TO THE LAB
Gear up for a fun day of time travel with your friends! Time Travelers will start their day at interactive activity stations that include board games, literacy, crafts, and small group games.

8:00 AM – TIME TRAVELERS UNITE
Dr. DeLorean needs your help! Gather in the lab for your daily mission. Artifacts have been scattered throughout time, and only YOU can uncover them. Help Dr. DeLorean build her museum by completing challenges and solving riddles – and learn character values along the way.

9:00 AM – BLAST TO THE PAST
Power up for a day of time travelling fun with a healthy snack! Time Travelers will then break into age groups for a morning of engaging academic enrichment. Each week, we will be exploring the accomplishments of a different time period. Get ready to walk on the moon like Neil Armstrong, make your own toothpaste like the Ancient Egyptians, do math like the Romans, and more!

12:00 PM – FUEL UP
Fuel up with a healthy lunch before cooling off in the pool! Alternative activities are available for those who prefer to stay back in the lab!

1:00 PM – WIND BACK THE CLOCK
Continue your journey through time while hunting for hidden artifacts! Time Travelers will dance their way through the decades, while making arts and crafts, playing team sports, and more. Is your Time Traveler extra passionate about STEM, sports, or art? Weekly specialty camps will be available during this time, for an additional fee.

4:00 PM – CAMPFIRE
Jump back into the present, wind down, and enjoy a healthy snack! Time Travelers will meet back in the lab to celebrate today’s achievements and participate in interactive activity stations.

6:00 PM – SUNSET
Rest up for another day of adventure! See you again soon!
LUNCH AND SNACKS

All campers should bring a non-perishable lunch, two snacks, and a water bottle to camp daily, unless otherwise notified. Please pack healthy, balanced, and low-sugar foods and beverages; no soda! Please also mark all lunch bags (and all containers contained therein) with your camper’s full name.

Please do not provide your camper with food that will need heating or refrigeration. Y-Leaders are not responsible for food storage or preparation.

Campers are NOT permitted to use the vending machines. All food and drinks must come from home.

All YMCA of Southern Nevada branches strive to be NUT FREE ZONES. To ensure the safety of all children, we ask that you do not send food items to camp that contain peanuts, peanut butter, or other nut products. If your child does have an allergy to nuts, please notify Y staff upon registration.

Summer Food Service Program – Meet Up to Eat Up

No child goes hungry at the YMCA! Each day, hundreds of children across Southern Nevada are served a FREE, nutritious cold lunch and afternoon snack through the Y’s Summer Food Service Program. Should your camper prefer to pack their own lunch and/or afternoon snack, they can place the free food on our sharing table for other campers to enjoy. This program is not available at the Centennial Hills Y location.

In accordance with federal law, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

CAMP THEME, HOURS & ATTENDANCE

Camp Theme

Time travelers unite! Dr. DeLorean has returned from the future and was surprised to see how society has forgotten so many character values that were learned throughout history. She’s now seeking brave travelers to embark on an expedition through time to absorb these values and carry them into the future.

Guided by Time Keepers, Time Travelers will spend each week in a unique era in time, working together to solve riddles and complete challenges that will test their knowledge of that era’s character value. With the value instilled within them, the Time Travelers will return to the present with an artifact to prove their mission has been completed.

Careful, though, because the journey will not be easy. The Time Thief wants to be the only one with the power to bend time and space, so they’ll try to stop you at every turn. Do you have what it takes? The future is in your hands!

Camp Hours

All Y locations offer a day camp that operates Monday-Friday, from 7:00 AM to 6:00 PM.

Sign-In

The Sign-In Table is staffed from 7:00 AM to 9:00 AM. Please expect delays when dropping off outside of these times as camp groups are dispersed and Y-Leaders are busy engaging with their campers. Campers are not permitted to be dropped off prior to 7:00 AM. We strongly recommend that campers be signed-in by 8:00 AM in order to receive the full Y Camp experience. We are pleased to offer a convenient curb-side drop off daily until 9:00 AM.

For the safety of all campers, an adult must sign-in their camper upon arrival. Y-Leaders will verify the camper’s name and the camp for which they are registered (Traditional or Specialty) using our rosters, which are printed daily at 6:30 AM. Parents will be redirected to the Member Services Desk if the child’s name is not on the roster or has a balance due. In those cases, a receipt is required for admittance. Y-Leaders will then place the appropriately colored wristband on the camper’s right wrist.

Sign-Out

The Sign-Out Table is staffed from 4:00 PM to 6:00 PM. Please expect delays when picking up outside of these times as camp groups are dispersed and Y-Leaders are busy engaging with their campers.

For their safety, campers will not be released until they are signed out by an authorized adult listed on file at the time of registration and verified by a valid, government-issued photo ID. Please bring a valid, government-issued photo ID with you every day for sign-out. Whether this is your first or tenth summer with us, we require our Y-Leaders to verify your identity and authorization to sign-out the camper every time. This is to maintain a uniform policy designed to protect the safety of all campers.

It is the registering parent’s responsibility to notify the Camp Director or Camp Secretary in-person of any changes to the list of adults authorized to sign-out the camper. We cannot accept email or phone authorizations, so please plan ahead.
CAMP THEME, HOURS & ATTENDANCE CONT...

Late Sign-Out
Parents will be charged $1.00 per minute for every minute after 6:00 PM that their camper remains in our care. If you are running late, please call the Camp Hotline and attempt to make alternate pick-up arrangements with another adult who is authorized to sign-out the camper. Excessive late pick-up’s may result in withdrawal from camp.

Children At Risk
Y-Leaders will notify Child Protective Services regarding children who have not been picked up by 6:45 PM. Furthermore, parents who arrive at the YMCA and appear to be intoxicated (i.e., under the influence of alcohol, drugs, etc...) present a risk to their child. Y-Leaders will provide the following options:

- Call another authorized adult to sign-out the child
- Call a taxi or ride-share service
- Call a nearby neighbor/friend

If a reasonable resolution cannot be reached, the police and Child Protective Services will be contacted.

Parking
Please remember to drive slowly and carefully in the YMCA parking lot as families are present. Park in the spaces provided for the public. Please do not park in areas designated as fire lanes. The YMCA of Southern Nevada is not responsible for tickets issued for unlawful parking.

CHARACTER DEVELOPMENT

The Y Ties Initiative has been developed to instill positive character values in our campers. Each morning, Y Campers will discuss and commit to incorporating that week’s character value into their daily interactions with others. As they pledge to honor the value, they will tie a value ribbon to the Y Ties Display. This represents their commitment for all who enter the Y to see. During Campfire, campers will share how they have applied this value during their day. This will remind them of the lifelong commitment to upholding that value. This initiative not only helps campers understand each value, it also provides a sense of achievement in their positive interactions with others.

We ask that all parents visit and talk with their children about our Y Ties Display. The Y encourages campers to discuss their commitment to each value daily with their parents. Reinforcing these values at home helps campers understand and honor their commitments long after the summer ends.

CAMPER CHARACTER CONTRACT

The goal of our program is to provide a safe and positive atmosphere for participants to develop a variety of important skills and relationships, while enjoying tons of fun activities. As a family, please read and discuss this Character Contract together. Y Campers are:

- **Respectful:** They commit to treating others the way they want to be treated. This includes keeping hands and feet to themselves, using appropriate words to settle differences, refraining from inappropriate or demeaning conversations, and following directions the first time given.

- **Responsible:** They commit to remaining with their group and within eyesight of Y-Leaders at all times. They also commit to keeping their belongings with them throughout the day and to honoring their promises.

- **Caring:** They understand that it is important to use and care for equipment properly so that others can enjoy them also. Therefore, they commit to caring for the property of the YMCA, Y-Leaders, and other campers. They also commit to being kind to one another at all times.

- **Honest:** They commit to being truthful, even when it is easier to be dishonest.

**Know The Rules, Prepare For Fun!**
Campers team up with their Y-Leaders every morning to establish general camp rules that align with the character contract to create a safe space that supports learning, healthy relationships, an opportunity for everyone to achieve self-determined goals, and an environment where everyone feels like they belong. Parents and guardians must honor their responsibility as role models by likewise abiding by the Character Contract.
BEHAVIOR GUIDELINES

Anti-Bullying Policy
Bullying is when one or more people repeatedly exclude, tease, taunt, gossip, hit, or otherwise put down another person with the intent to hurt. This occurs because that person or group of people want to have power over another, oftentimes to mask their own insecurities.

At Y Camp, bullying is inexcusable! Our camp philosophy is based on our mission statement, which is “to put Christian principles into practice through programs that build a healthy spirit, mind and body for all.” These principles are our Core Values of Caring, Honesty, Respect, and Responsibility. Our Y-Leaders will address all incidents of bullying. Furthermore, one purpose behind our no electronics policy is to reduce instances of cyber-bullying. Please talk with your camper about the importance of being kind to everyone and also encourage them to report bullying behavior to their Y-Leaders immediately.

YMCA Guidelines for Camper Counseling
All campers are entitled to a pleasant and safe environment while participating in Y Camp. We will make every effort to help your child adjust to our camp. However, the Y reserves the right to withdraw a participant from our program if he or she is unable or unwilling to adjust to our program. Refunds/credits are not provided to suspended or expelled campers.

Positive behavior will be encouraged throughout the day and our Y-Leaders will work cooperatively with parents to keep them informed of behavioral issues and methods used to redirect the camper toward positive choices. However, uncooperative and violent behaviors will result in immediate suspension or expulsion from the program. Refunds/credits are not provided to suspended or expelled campers.

If your child has been receiving assistance in behavior management during the school year, it is imperative that this information be shared with the Camp Director early on. This will enable us to work more effectively with your camper.

The following policy will be followed for the general misbehavior of campers:

1st offense: Camper will receive a verbal warning.
2nd offense: Camper will be redirected. An About my Day Report will be written.
3rd offense: Camper will speak with the Camp Director and the camper’s parent will be contacted to discuss a positive action plan and/or be required to pick-up the child within 1 hour of being contacted. The camper may be suspended from Y Camp for a period of time that is reflective of the severity of the offense. Refunds/credits are not provided to suspended campers.
4th offense: Camper will speak with the Camp Director and the child’s parent will be required to pick-up the child within 1 hour of being contacted. The child will be expelled from childcare programming. Refunds/credits are not provided to expelled campers.

*Campers who engage in uncooperative or aggressive behavior (e.g., running from the group, kicking, punching, etc.)

YMCA DAY CAMP POLICIES

Dress Code
Campers must wear simple, non-restrictive clothing that’s in good taste and that you don’t mind getting dirty, muddy, wet, or stained. A simple t-shirt, shorts, and a hat are good choices. Completely closed toe and heel shoes are required. (Crocs, heels, etc. are not appropriate for camp). Campers should pack flip flops to wear at the pool. Teens must lead by example and follow the dress code by wearing modest and appropriate clothing as well. Shorts should be of finger-tip length and your camper’s midriff should not show. To minimize the chance of misplaced items, please clearly label all of your camper’s belongings with their full name. Y-Leaders reserve the right to decipher whether clothing is appropriate for the camper to wear at camp.

Camper T-Shirts
Each camper will receive one Y Camper shirt. Availability is limited; shirts will be distributed on a first-come, first-served basis. Campers may wear this shirt on any day.

Lost & Found
We will make every effort to keep your camper’s belongings with them. In fact, we provide frequent reminders and double check every area for lost items before the group leaves the space. Still, our Lost & Found Table tends to overflow as the summer unfolds. Please check the Lost & Found table daily for misplaced items and remember to not bring anything of value to camp – this includes sentimental value. The YMCA of Southern Nevada is not responsible for any lost, stolen, or damaged items. Lost and found items will be donated to charity after two weeks.
YMCA DAY CAMP POLICIES CONT...

Sunscreen
Please apply sunscreen to your camper before arriving each day, and pack extra as your camper will have frequent opportunities throughout the day to re-apply and stay protected. Please also be sure to label your camper’s sunscreen bottle with their full name. By signing the Y Day Camp Waiver upon registration, you are granting Y-Leaders the permission to apply spray sunscreen to your camper. Please note that, as a hands-off facility, Y-Leaders cannot apply sunscreen lotion to your child; but will make every effort to teach your child how to self-apply the product they bring.

Outdoor Play
Outdoor play is an important part of a child’s development and is thereby part of our program. Campers will not be outside for more than 60 minutes at a time. Shaded rest and hydration options are always available during outdoor play. Campers are required to bring a water bottle to camp daily to provide proper hydration and will be frequently reminded to hydrate by Y-Leaders. During periods of extreme heat, Y-Leaders will scale down the outdoor activities.

Bathroom Procedures
No camper is ever alone, and no camper is ever alone with just one Y-Leader. Campers will take frequent trips to the bathroom with a group of other campers and escorted by a Y-Leader. Y-Leaders will inspect and clear bathrooms of other patrons prior to a camper entering the bathroom. Y-Leaders will then stand at the entrance of the bathroom to block members of the public from entering while campers use the restroom.

Screen-Free Camp
Camp is a screen free and cell phone free zone. Electronics (e.g., cell phones, portable game devices, iPods, etc...) become disruptive to camp life and detract from the camp experience. They are also methods by which to conduct cyber-bullying. If such an item comes to camp, it will be collected and placed in the Camp Director’s office until the camper is signed-out. Please utilize the Camp Hotline if you need to reach your camper during the camp day. The Y has methods to communicate with you promptly in case of an emergency (i.e., Bloomz app, email, and phone). The YMCA is not responsible for lost, stolen, or damaged items.

Grouping of Campers
Campers are divided into smaller groups based on their age, so that they are paired with similarly-aged peers and can enjoy developmentally appropriate activities. Each Y branch may group campers differently and reserves the right to regroup campers as needed. Campers must meet the group’s age requirements by August 7th. Please speak with the Camp Director if you have a special request in this regard.

Diverse Abilities
The Y is committed to equal access for all in our programs and services. We strive to provide the best camp experience for your child and ask that you consult with the Camp Director regarding the diverse abilities of your child prior to registration. We will work to provide reasonable accommodations. However, all children must be able to function in a 1:10 ratio. Unfortunately, we are unable to provide one-on-one care.

Special Events & Summer Birthdays
Special food treats may be brought in by parents for holidays, special events, and birthdays. Arrangements should be made ahead of time with the Camp Director. All food and beverages must be brought in their original, sealed packages with proper nutrition labels. Unfortunately, home-baked goods cannot be distributed. We ask that you bring enough for all campers in the group to enjoy and not bring anything that contains any nut product.

Special Notes to Parents
To make sure your child remains safe outside of YMCA supervision and to protect our staff and volunteers, the YMCA requests your cooperation in the following areas:

• YMCA policy prohibits Y employees from baby-sitting, hosting sleepovers, or otherwise spending one-on-one time with your child outside of YMCA programs.
• YMCA policy prohibits Y employees from transporting your child in their personal vehicles.
• Please do not leave your child at the Y unless they are signed into a program and a staff member is present to supervise him or her.
• Talk to your child about the importance of telling you if someone does or says something that makes them feel uncomfortable. Emphasize that adults should not ask them to keep secrets from you.
• Explain to your child that he or she has a right to privacy and that no one should touch them or compel them to touch someone else.
• Instruct your child to always remain part of the group. Stress that there is safety in numbers.
• Be concerned if your child suddenly becomes withdrawn or balks at attending certain activities or being around a particular person. Gently seek to find out why.
• Report any actions by YMCA staff or volunteers that you deem to be inappropriate to the Association Youth & Family Director. If these actions involve suspected child abuse, contact the Child Protective Services Department.
CAMPER MEDICAL CARE

Illness Policy
Children must be healthy enough to participate in the program’s daily routine. We do not have the facilities to care for sick children, nor do we want to spread illnesses to other campers. Therefore, we ask parents to keep their sick camper home until they feel better and no longer present a danger of passing on their illness. Please notify the Camp Director immediately if your child or any member of your household develops a communicable condition such as conjunctivitis, chicken pox, lice, pink eye, or scabies. It is important for us to notify other parents as soon as possible.

You will be contacted if your child becomes ill during the program. If unavailable by phone, the other adults who are authorized to sign-out the camper will be called. Ill campers must be picked up from the Y within one hour of our call. There will be a $1 per minute late fee applied beyond that time frame. We will do our best to make the camper comfortable until they are picked-up.

Accidents/Emergencies
In the event that a minor injury occurs during camp, First Aid will be administered by Y-Leaders on-site and documented on an About my Day Report, which will be attached to the camper’s sign-in/out sheet. Following First Aid, the camper will be observed periodically.

- Parents will be notified of head, joint, or face injuries immediately.

In the event that a major injury occurs during camp, 911 will be called and:

- Y-Leaders will administer First Aid/CPR as appropriate until emergency personnel arrive. We will also contact the camper’s parent immediately (if unavailable, the other adults who are authorized to sign-out the camper will be called).

- If emergency personnel determine that the camper must be transported to a medical facility, Y staff will follow the ambulance and remain with the camper until a parent arrives.

- Y-Leaders will document the incident on an internal Incident Report.

Note: Emergency personnel typically transport to the nearest hospital or select based on the care needed.

Allergies
In recent years, there has been an increase in the number of children with severe allergies to peanuts and other products. If you’re aware that your child is allergic to something, it is your responsibility to notify the YMCA upon registration so that we may take reasonable precautions. Please leave your child’s epi-pen and signed Medication Authorization Form with the Camp Director at sign-in. The YMCA of Southern Nevada is a NUT FREE ZONE. We ask that you do not provide lunches or snacks that contain peanuts, peanut butter, or other nut products in order to ensure the safety of all campers.
Medication Administration Policy

Prescription and “over-the-counter” medications will be dispensed only if a properly completed Medication Authorization Form is on file. This includes inhalers and epi-pens. Medication Authorization Forms are available at the Member Services Desk and online at www.lasvegasymca.org/camp. Here are a few additional details:

- Medication must be in its original container with the prescription label & directions affixed. The prescription label must include the child’s full name, dosage amount, and time(s) to be administered.

- Check in all medication (including inhalers, epi-pens, etc.) to the Camp Director during sign-in. Campers are not allowed to keep medications in backpacks, lunch bags, etc., as this poses a safety risk for the camper and the other campers in the group.

- Pick up remaining medications on the last day of camp. The Y cannot store medication for extended periods of time and will be required to properly dispose of medication that is not collected within two weeks of the camper’s last day.
COMMUNICATING WITH CAMP

Here’s how to stay connected

BLOOMZ APP
Opt into our BLOOMZ App for camp reminders and updates.

CAMP NEWSLETTER
Weekly newsletter, created by the L.I.T. Campers, that highlights camp happenings.

EMAIL
Be sure to check your email (including the spam mailbox) for important camp information.

CAMP HOTLINE
Use the Camp Hotline to convey important information to your child’s Camp Director. Not for billing or general inquiries.

CAMP SECRETARY
Your point-of-contact for all billing-related inquiries.

CAMP DIRECTOR
Contact your child’s Camp Director for questions, comments, and ideas.

HANDOUTS
Keep an eye out at our Sign-In/Out Table for handouts with camp information.

ABOUT MY DAY REPORTS
We’ll send your camper home with one of these if something out of the ordinary happens during their day, such as a minor injury, a behavioral issue, or something awesome that they did.
It takes a village! At the Y, we take our responsibility to your family very seriously. That’s why we work hard to keep you in the loop. In that effort, we encourage your active participation and ask that you please keep your most recent contact information on file (including cell phones and email addresses). Since communication is a two-way street, we also strongly encourage you to reach out when things come up, whether they are questions, ideas, concerns, or compliments. We are always happy to assist!

**HEINRICH YMCA**
4141 Meadows Ln | Las Vegas, NV 89107

**Camp Director**
Jessica Underwood  junderwood@lasvegasymca.org  (702) 522-7421

**Camp Coordinator**
Hailey Elayer  helayer@lasvegasymca.org

**Camp Secretary**
hyouthfamily@lasvegasymca.org  (702) 522-7422

**Camp Hotline**
(725) 780-0545

**SKYVIEW YMCA**
3050 E Centennial Pkwy | North Las Vegas, NV 89081

**Camp Director**
Porsha Santiago  psantiago@lasvegasymca.org  (702) 998-9105

**Camp Coordinator**

**Camp Secretary**
svyouthfamily@lasvegasymca.org  (702) 998-9105

**Camp Hotline**
(725) 780-0830
Y CAMP 2020
BLAST TO THE PAST!