A Message from our CEO, Mike Lubbe

To our valued members,

The Y is committed to providing a safe, healthy, and welcoming experience for all people who walk through our doors or use our services. There is no higher priority to our entire YMCA Family than the safety of our members and employees. As we monitor the spread of Coronavirus in the U.S. and our community, we are in close communication with the Centers for Disease Control (CDC), government agencies, and internal teams to stay on top of this evolving situation.

According to the most recent information from the CDC, for most people, the immediate risk of being exposed to the virus that causes COVID-19 is thought to be low. Based on what is currently known about the virus, spread from person-to-person happens most frequently among close contacts (within about 6 feet). This type of transmission occurs via respiratory droplets. Transmission of novel Coronavirus to persons from surfaces contaminated with the virus has not been documented (CDC, 2020).

We encourage you to follow the everyday preventive actions recommended by the CDC to help prevent the spread of respiratory viruses, including:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you or your children have symptoms of illness or are sick.
- Cover your cough or sneeze with a tissue. Coughing into your arm is an alternative.
- Clean and disinfect frequently touched objects and surfaces.

Facility Cleaning: We spend multiple hours cleaning each facility every night, and, as of March 12, 2020, we have enhanced our overnight cleaning procedures. Also, our staff are spending more time during the day, disinfecting high-use areas and hard surfaces with a new higher-grade solution.

Facility Operation: At this time, we are operating during our regular business hours. All group exercise classes, preschool, swimming, sports, and other programs are underway.

Program Changes: Knowing that our older adult population is more susceptible to the virus, we have taken precautionary measures to postpone large group activities with our seniors. Please speak with your point of contact at the Y to learn more about branch specific activities that may be impacted. All group exercise classes will carry on as scheduled.

Rest assured, we are monitoring this developing situation closely, staying in regular contact with federal agencies, health organizations, and other experts. We'll continue to post updates on our social media platforms and website as this situation evolves. Thank you for your patience and trust in the YMCA of Southern Nevada. We are prepared to navigate through these challenging circumstances with your safety and confidence in the Y at the forefront of everything we do. We look forward to seeing you at the Y.

-Mike