Every day since 1944, the YMCA of Southern Nevada gives our community the support it needs to learn, grow and thrive. From advocacy to food security, disease prevention to athletics, weight lifting to dance classes, everything we do helps strengthen our neighborhood and the people who live here. As a 501(c)(3), we work hard to ensure all are welcome at the YMCA and no one is turned away for an inability to pay.

OPPORTUNITIES FOR ALL IN SOUTHERN NEVADA
GIVING EVERYONE THE OPPORTUNITY TO LEARN, GROW AND THRIVE

CHILDREN & TEENS (1-17)
Collectively in the Las Vegas community, the YMCA provides a wide range of activities to nurture potential, including summer camp, sports leagues, family nights, aquatics and preschool and kindergarten readiness.

LOW-INCOME FAMILIES
Our YMCAs provide quality, affordable childcare and we open all our programs to working families regardless of their income level.

SENIORS (62+)
Programs including Tai Chi, SilverSneakers and social activities ensure that older adults have every opportunity to connect with one another and engage in meaningful activities in every YMCA in Las Vegas.

MILITARY & VETERANS
Discounted memberships and fees for military personnel and their families ensure we can continue to provide service for those who serve our country.

EVERYONE IS WELCOME
We provide activities open to everyone in our community including free health fairs/screenings, physical activity programs, job fairs, nutrition advice and more each year.
FOR A BETTER YOU. FOR A BETTER COMMUNITY. FOR A BETTER US.

At the YMCA, strengthening community is our cause. Strong communities don’t just happen; they’re the result of steady leadership and stewardship of strong values. That’s the YMCA. We make a difference by focusing on three key areas: youth development, healthy living and social responsibility. By investing in our kids, our health and our neighbors, the YMCA of Southern Nevada ensures that everyone, regardless of age, income or background, has the opportunity to develop.

### YOUTH DEVELOPMENT

<table>
<thead>
<tr>
<th>NURTURING THE POTENTIAL OF EVERY CHILD AND TEEN</th>
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<tbody>
<tr>
<td>10,716 Kids &amp; Teens Served</td>
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</table>

1,700+ Children who attended summer day camp at four YMCA locations.

50% The percentage of swim lesson participants under the age of 5.

22% Of preschool and kindergarten readiness participants receive financial assistance.

### HEALTHY LIVING

<table>
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<tr>
<th>IMPROVING THE NATION’S HEALTH AND WELL-BEING</th>
</tr>
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<tbody>
<tr>
<td>3,294 Seniors Served</td>
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</tbody>
</table>

195,711 Members participated in exercise classes to improve physical health.

1,272 Monthly exercise classes offered at four YMCA locations.

58% The YMCA’s Diabetes Prevention Program reduces the number of new cases of Type 2 Diabetes by 58% overall and by 71% in people 60+.

### SOCIAL RESPONSIBILITY

<table>
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<tr>
<th>GIVING BACK AND PROVIDING SUPPORT TO OUR NEIGHBORS</th>
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<tbody>
<tr>
<td>54,880 Individuals who received financial assistance and membership &amp; program subsidies.</td>
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</table>

20,692 Summer food lunches and snacks served at the Heinrich, Durango Hills & SkyView branches.

34% The percentage of YMCA members who are active military personnel and veterans.

76% The percentage of total membership units that receive some form of financial assistance and subsidy.

Our Mission: To put Christian Principles into practice through programs that build a healthy spirit, mind and body for all.