Summer Day Camp 2016
Super Hero Survival Guide

Serving campers and families at four locations:

Heinrich YMCA
4141 Meadows Lane
Las Vegas, NV 89107
(702) 877-9622
(702) 877-0856 Fax

Centennial Hills YMCA
6601 N. Buffalo Drive
Las Vegas, NV 89131
(702) 478-9622
(702) 476-6727 Fax

Durango Hills YMCA
3521 N. Durango Drive
Las Vegas, NV 89129
(702) 240-9622
(702) 395-1115 Fax

Sky View YMCA
3050 E. Centennial Parkway
North Las Vegas, NV 89081
(702) 522-7500
(702) 998-9435 Fax
Super Parents & Super Kids,

Thank you for choosing the YMCA of Southern Nevada for your child’s summer day camp experience! You’ve given your child a wonderful gift – the opportunity to learn new skills, develop meaningful friendships and discover their potential. We’re looking forward to a safe and exciting summer that instills confidence in your child and creates wonderful memories.

We’re committed to providing a nurturing environment that supports what your children are learning at home. Safety and supervision are essential components of our program but that doesn’t get in the way of fun. Every year my camp team has a blast planning amazing camps that are creative, educational, high energy and keep up with the latest craze to ensure your child has the Best Summer Ever!

This Parent Handbook is designed to offer support and direction as you navigate Y Day Camp. It contains helpful information to maximize your child’s camp experience and is a valuable reference for you as well. Please take time to review this handbook carefully and discuss with your child prior to your first day.

Summer is my favorite time of year! The energy, excitement and impact Y Day Camp brings our way keeps me on the edge of my seat. Leading nearly 120 camp staff, planning the Best Summer Ever for over 1,400 campers and building relationships with parents across our four Y’s is my passion. I can’t wait to hear about your child’s exceptional camp experiences and always welcome your ideas to enhance camp.

See you at the Y!

Erica Stegall
Senior Youth & Family Director
YMCA of Southern Nevada
Going to summer camp is a very exciting experience for campers and parents. It’s very natural for everyone to be anxious about the first day of camp and meeting new friends. Hopefully, the following information will familiarize everyone with camp procedures and minimize the “first-day” jitters. Y Day Camp has well-trained staff that are focused on meeting the needs of individual campers and are committed to serving as excellent role models.

- Dress for the weather. Camp continues rain or shine.
- Campers are very active during camp, wear “play clothes”.
- Campers may need additional rest after a day of high energy activities.
- Label all campers items: swimsuits, towels, water bottles and backpacks.
- Please don’t send valuable clothing or valuable items to camp, including jewelry.
- Complete forms and make payments the week prior to attending camp. This will save time at check-in!
EXPERIENCE THE YMCA DIFFERENCE
A HISTORY OF EXCELLENCE

The YMCA is the nation’s leader in camping, offering indoor and outdoor programming for over 100 years. YMCA of Southern Nevada serves over 1,400 children in day camp programs each summer and we are excited to have your camper experience what the YMCA has to offer. You are in for a fun-filled, exciting summer.

RAISING THE B.A.R. IN CAMP

At Y Day Camp, we’ve raised the “B.A.R.”! Your camper will feel a sense of Belonging where they are safe, respected and can express their individuality. Your camper will feel a sense of Achievement as they develop new skills and realize their passions, talents, and super powers. Your camper will build Relationships with Super Hero’s, Super Kids, and develop Super Friendships that inspire him/her to reach their full potential.

These important elements are woven throughout camp activities and lay the foundation for everything we do. Y Camp keeps kids physically active and having fun through group games, sports, swimming, and a variety of youth fitness classes. Creative play is sparked by skits, performances, arts, crafts, and STEM (Science, Technology, Engineering, Mathematics) activities. Character is developed through our Y Ties program, goal setting, Y’s core values, conflict resolution and so much more! Each week is a new and exciting adventure, themed with fun!

SUPER SAFE CAMP, LED BY SUPER STAFF!

We feel confident that we have the best staff around! Our staff is as diverse as our campers. Many of our staff team are enrolled in teaching credential programs, are college students enrolled in the educational field, or are full-time teachers. The YMCA strives to hire a highly qualified, well-trained staff to conduct all YMCA camp programs. All our camp staff are extensively screened through an interview process, fingerprinted through the FBI and state repository, plus drug tested.

We place a serious emphasis on safety standards by offering a remarkable counselor to camper ratio of less than 1:15 and require more than 20 hours of pre-camp training, plus continued in-service training throughout summer. Training includes First Aid, CPR, AED and Child Abuse Prevention along with specific training focused on working with children, behavior modification, group dynamics, safety and programming.

We take pride in the high expectations we set for our summer camp staff each year and evaluate them on a regular basis. Unlike most camps, the Y has raised the bar hiring camp staff who are 18+ and reserving a few spots for Counselors In Training (ages 16-17) in an effort to develop future camp leaders.

YMCA staff model the YMCA Character Development values of caring, honesty, respect, and responsibility. Most importantly, our staff are people who love working with children. They are passionate individuals who strive to advocate for our youth.

The YMCA welcomes program volunteers and matches them with programs that they are best suited for. All volunteers are also interviewed and undergo a complete background check before serving. Volunteers are not counted in counselor to child ratios.
Completing the registration online or in person **AND** submitting the documents listed below are the first steps toward enrolling your child. This detailed information assists us in supporting a safe and nurturing environment for children in our care.

**To complete registration, submit the following prior to your child’s first day at camp:**

**ONLINE REGISTRATION**

http://www.lasvegasymca.org/camp/

- Current Immunization Record
- Medication Authorization (optional)

**IN PERSON REGISTRATION**

- Y Day Camp Waiver
- Current Immunization Record
- Medication Authorization (optional)

**Y MISSION IN ACTION**

**FINANCIAL ASSISTANCE**

We believe strong communities are possible only when we invest in our kids, our health and our neighbors. The Y is able to keep our programs affordable for all due to the generous support of donors and our annual campaign which ensures that no one is turned away due to an inability to pay as long as funds and space are available.

We offer financial assistance based on household income and size, and review special circumstances like medical expenses and unemployment. Visit a Y or www.lasvegasymca.org to get your application. English and Spanish versions are available.

**CCA – Child Care Assistance**

YMCA of Southern Nevada partners with the Division of Welfare and Supportive Services of the state of Nevada to help subsidize the cost of camp in order to provide access to a safe and healthy environment for children in our community. Children ages 6 to 12 years are eligible when certain state criterion is met. Please visit the Y of your choice to pick up an application.

**Pay It Forward**

As a nonprofit organization, we encourage children and adults of every age to lend a hand. Ask about Volunteer Opportunities, how to “pay it forward” by making a donation to the Y Annual Campaign or leave a family legacy by joining our Heritage Club. No gift is too small.

**CAMP DEPOSITS**

Traditional Camp | Specialty Camp
--- | ---
$10 week | $25 week

Deposits reserve your child’s place in camp. They are transferable within the same camp type (Traditional/Specialty) but non-refundable.

**Join the Y, Extend your Family**

Campers must be YMCA Facility Members OR YMCA Program Members to enroll in Y Summer Day Camp. Being a facility member provides access to all Y locations, amenities and at some Y’s even gives discounts on programs. **Every Friday is Family Night at the Y - Join the Y, Extend your Family!**

Program membership provides non-members access to Y programs for an annual fee of $45 individual or $60 family.
WAYS TO PAY
Payments are due on or before the Wednesday prior to the start of camp. Camp price automatically increases by $10 on Thursday.

Four payment options with you in mind:
1. Pay in full at the time of registration.
2. Pay deposits (per child/per week) and pay remaining balance the Wednesday prior to camps.
3. Pay deposits (per child/per week) and sign up for auto draft. All payments will be drafted the Thursday prior to the start of camp.
4. Pay online! Visit www.lasvegasymca.org to make your payment online. All payments are due the Wednesday prior to the start of camp.

Note: Receipts are electronically filed on your Y account. You may request an e-mail or printed version.
Note: The Y retains the right to refuse admittance to camp when a balance remains for the week of camp.
Note: Failed drafts and returned payments result in a $25 processing fee.

Waiting List
In the event that a camp fills prior to your registration, you may place your child on a Waiting List. You will be contacted by your Camp Secretary if/when a spot becomes available.

Y DAY CAMP REFUND POLICY
All withdrawals from camp and/or Refund Requests must be done in writing through the YMCA location your child attends. Refunds/credits will be issued as followed:

- Refunds are granted at the discretion of the Senior Program Director/Senior Youth & Family Director
- 100% refund for camp programs cancelled by the YMCA (No Service charge will be assessed).
- When cancelled by the member, request received the WEDNESDAY prior to the start of camp will receive a 100% refund. Thereafter, the refund may be given as a system credit via the Senior Program Director or Senior Youth & Family Director.
- A credit or partial credit may be granted if illness exceeds two full days and a doctor’s note is submitted to the Senior Program Director or Senior Youth & Family Director.
- Refunds will not be given if service has already been rendered.
- Refunds will not be given to campers who have been suspended or expelled from camp due to behavior problems.
- All deposits are transferrable but NOT refundable.
  - Traditional camp deposits will be $10.00 in 2016
  - Specialty camp deposits will be $25.00 in 2016 and only transferrable to another specialty
OUR DAILY ADVENTURES

Each Traditional Camp and Specialty Camp offers a variety of activities designed to optimize your child’s camp experience. A typical camp day looks like this……

**Fun Friday Assemblies**
All Y’s hold a *Camp Assembly* every Friday at 3:00 PM! We invite you to join the fun as we celebrate campers new skills, sing camp songs, perform skits, get wacky with counselor challenges, and recognize *Campers of the Week* based on a display of the Y’s core values!

**On-Site/Off-Site Specialty Camp Schedule**
On-site Specialty Camps run until 11:30 AM Monday – Thursday then campers combine with friends in age specific traditional camp. Off-Site Specialty Camps will leave their traditional camp friends at 11:30 AM Monday-Thursday to join their Specialty Camp in preparation for afternoon travel.

**Specialty Camps - Sports**
Sports Camps will spend 2 hours per day on the field/court at their designated location, Monday-Thursday. Our sports camps are designed to teach self-esteem, leadership, teamwork and character values through sports. They will execute drills, learn fundamentals, play games and practice the sport. If your child would like more intensive instruction, encourage him/her to ask the camp staff.

**Specialty Camps - Art/Science**
Art and Science Specialty Camps use their 2 hours, Monday-Thursday focused on the arts, humanities, and science. Through exploration, creativity and hands-on learning campers discover their passions, critical thinking skills and build self-esteem.

**Swimming**
Swimming and splashing in our pools and water parks is a great part of Y Camp. Please help make this an enjoyable experience by sending your child to camp with their swim suit under their clothes. This helps to reduce the chances of lost clothing and speed up the transition from camp to pool time.

The Y prides ourselves on safety! Therefore all children (and grown-ups) must pass a swim test. Campers, who successfully pass the test, wear a plastic green wristband on their left wrist. Please allow your camper to wear the wristband for the entire week, otherwise they will be required to pass the swim test daily. Campers that do not pass will get to enjoy the shallow areas of the pool.

Safety around water is an extremely important life skill taught through *Y Swim Lessons*. Please inquire at the front desk or online to support your child’s development and safety.
Field Trips
Field Trips are offered throughout the summer, many at an additional cost. A complete schedule of these events is listed in our Summer Day Camp Guide. Campers registered for a field trip MUST arrive no later than 8:15 AM the day of the trip. Unfortunately, we cannot wait for late campers; refunds/credits are not given for missed field trips. Please wear your Y Camp Shirt and pack a disposable lunch, extra water and snacks.

Please check the sign in/out table for trip announcements. In case of rain or inclement weather, a field trip may be changed or cancelled.

Unless your child is participating in an Off-Site Specialty Camp where field trips are implied, permission slips must be signed in advance for your child to attend. Notice of such outings will be posted prior to any trip. You also have the option for your child to not attend field trips or special events.

LUNCH AND SNACKS
All campers should bring a non-perishable lunch, 2 snacks, beverage and water bottle to camp daily unless otherwise notified. Please pack a healthy, low sugar and balanced meal, no soda please! Please mark all lunches (and all containers inside lunches) with the camper’s first and last name and the date.

Please do not provide your camper with food that will need heating or to be microwaved. Camp staff are not responsible for food preparation or pre-heating.

*Campers are NOT permitted to use the soda or vending machines. All food and drinks come from home.

All YMCA of Southern Nevada branches are a NUT FREE ZONE. We ask that you do not provide lunch or snacks that contain peanuts, peanut butter or other nuts at camp to ensure the safety of all children.

Summer Food Service Program – Meet Up, Eat Up
No child goes hungry at the YMCA! Each day, hundreds of children across Southern Nevada are served a FREE, nutritious cold lunch through the Summer Food Service Program. Your camper is not obligated to eat this cold lunch; they can always place it on our sharing table for other campers to enjoy.

In accordance with Federal Law and US Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

Note: The Summer Food Service Program is not offered at the Centennial Hills YMCA.
Note: Snacks are not included in the sponsored lunch.

CAMP HOURS AND ATTENDANCE
Camp Hours
All camp locations offer a day camp Monday-Friday from 7 AM-6 PM. Camp is closed in celebration of Independence Day on July 4, 2016, however our pools are open. Camp is pro-rated accordingly.

Sign-In
For the safety of all campers, an adult must Sign-In their camper upon arrival. Y staff will verify campers name and camp type (Traditional/Specialty) using the roster (printed daily at 6:45 AM) and place the appropriate wristband on the camper wrist. Parents will be re-directed to the Welcome Desk if child’s name is not on the roster or has a balance due. As a reminder; campers are not permitted to be dropped off prior to 7:00 AM.
Early Pick-Up
The Sign-In/Out Table is staffed between the times of 7AM-9AM and 4PM-6PM. Advance notice of a requested early pick up will ensure your camper is ready to go when you arrive. However, expect delays when dropping off or picking up outside of the times listed above. In all cases, every child must be signed in and out by an adult listed on file at the time of registration and verified by photo ID.

Pick-Up
For your child’s safety, campers will not be released until they are signed out by an adult listed on file at the time of registration and verified by photo ID. Please bring a photo ID with you every day at pick-up. Whether we already know you or this is your first camp experience, please do not be offended when our camp staff ask for your photo ID.

It is the registering parent’s responsibility to notify the Y Camp Leadership of changes to authorized adults listed for pick-up in writing. We will not accept phone authorizations, so please plan ahead. Those picking up children must show photo ID. Children will not be released to anyone not listed.

Note: Appropriate legal documents may be requested by the YMCA in the event of custodial issues.

Late Pick-Up
Parents will be charged $1.00 per minute for every minute after 6PM. This late fee is due at the time of pickup and must be paid before your camper may return to camp. If you are running late, please notify the camp staff on the Camp Hotline and attempt to make alternate pick-up arrangements. This gives us the opportunity to reassure your camper that you are on your way. Excessive late pick-up’s may result in withdraw from camp.

Note: In emergency situations including, but not limited to: inclement weather or natural disasters, we will follow the above “late pick-up” policy starting 1 hour from the time the parent was informed.

Children At Risk
Y Staff will notify Child Protective Services regarding children who have not been picked up by 6:45 PM.

Parents who arrive at the YMCA and appear to be intoxicated (i.e. alcohol, drugs, etc.) present a risk to their child. Y Staff will provide the following options:
- Call the other parent/guardian, authorized pick up, or child’s emergency contact
- Call a taxi
- Call a nearby neighbor/friend

If a reasonable conclusion cannot be reached, Child Protective Services and the local Police will be called.

Parking
Please remember to drive slowly and carefully in the YMCA parking lot as families are present. Park in the spaces provided for the public. Please do not park in an area designated for a fire lane. YMCA of Southern Nevada is not responsible for tickets issued for illegal parking.
The Y Ties program has been developed to instill these values in our campers. Each week, Y Campers will discuss and commit to incorporate these values into their daily interactions with others. As they pledge, they will tie a weekly value ribbon to the Y Ties display representing their commitment for all who enter the Y to see. During Campfire, campers will share how they have repeatedly used this value and discuss their progress toward a corresponding goal. Once the camper feels they have successfully achieved their goal, they will be given a value ribbon to tie to their backpack reminding them of the lifelong commitment to uphold honesty, caring, respect and responsibility. Campers not only walk away understanding each value but, with a sense of achievement in their positive actions with others.

We ask that all parents visit and talk with their children about our Y Ties display. The Y encourages campers to discuss their commitment of each value daily with their parents.

**CAMPER CHARACTER CONTRACT**

The goal of our program is to provide a positive atmosphere for participants to develop a variety of satisfying skills and relationships, while enjoying healthy activities. As a family, please read and discuss this Camper Character Contract together.

- **Appropriate Conversation** – Participants will not be allowed to discuss inappropriate topics or contribute to demeaning conversations about others.
- **Appropriate Language** – Participants must refrain from using obscene language or gestures for any reason. We will use appropriate words to settle our differences.
- **Respect** – When asked to do or not do something, a participant needs to follow directions the first time given. This is for the safety of all participants. Please speak to staff and other participants with respect.
- **Play** – Participants are asked to not engage in any horseplay with each other or with staff. No one will be allowed to hit, kick, push or display any type of aggressive behavior. We keep our hands and feet to ourselves.
- **Responsibility** – All participants need to remain with their group and within eyesight of camp staff. This applies while on YMCA grounds and on off-site field trips. We want participants to be safe at all times.
- **Caring** – It is important to use and care for equipment, toys and games properly so that other campers can enjoy them. We will care for the property of the YMCA, of other participants and of the YMCA staff.

**Know The Rules, Prepare For Fun!**

Campers team up with Super Staff to establish rules that create a safe space that supports learning, healthy relationships, opportunity for everyone to achieve self-determined goals and create a sense of belonging for all. General Camp Rules are taught at the beginning of each week and routinely reviewed to ensure the safety of all campers. Please review the following list of rules with your child:

- Listen to YMCA staff and follow their directions
- Remain in your assigned camp unless given permission to leave
- Campers should not be alone at any time while in camp
- Do not bring cell phones or electronics to camp, they will be taken by the camp supervisor
- Please respect nature; all nature (sticks, rocks, etc.) must remain on the ground
- Keep camp clean! Don’t pass it up, pick it up! Place equipment back in its home after use and never graffiti or vandalize.
- Super Kids seek help from Super Hero’s to handle problems! Fighting, name calling, bullying and behavior that threatens others is not allowed.
- Closed toe/heel shoes must be worn during camp. Flip Flops at the pool, but that’s it.
- Hallways are quiet places - No running/eating/horse play/or loud voices
- Super Campers use Super Values; practice caring, respect, responsibility, and honesty.

The Y is a family-oriented environment, and we ask you to please use good judgment at all times.
BEHAVIOR GUIDELINES

Bullying Policy
Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else.

At Y Camp, bullying is inexcusable! Our camp philosophy is based on our mission statement which is “to put Christian principles into practice through programs that build a health spirit, mind and body for all”. These principles are our values of Caring, Honesty, Respect, and Responsibility. Our leadership addresses all incidents of bullying. Please talk with your child about the importance of being kind to everyone and also reporting bullying behavior immediately.

YMCA Guidelines for Camper Counseling
Campers are entitled to a pleasant and safe environment while participating in the summer camp program. We will make every effort to help your child adjust to our camp. The Y reserves the right to withdraw a participant from our program if he/she is unable or unwilling to adjust to our schedule, programs, and policies.

Good behavior will be encouraged in a positive manner. The staff will work cooperatively with parents, keeping them informed of behavior issues and methods used to redirect and guide them toward positive behavior and choices. Abusive behaviors will result in immediate dismissal.

If your child has been receiving assistance in behavior management during the school year, it is imperative that this information be shared with the camp staff. This will enable us to work more effectively and productively with your child.

The following policy will be followed for general misbehavior of campers:

1\textsuperscript{st} offense: Camper will be redirected and given a verbal warning.
2\textsuperscript{nd} offense: Camper will be redirected and will lose time in the specific activity.
3\textsuperscript{rd} offense: Camper will lose the privilege of participating in the specific activity.
4\textsuperscript{th} offense: Camper will speak with the Camp Supervisor and the child’s parent will be called to discuss a positive action plan.
5\textsuperscript{th} offense: Parent will be called to pick-up the child early.
6\textsuperscript{th} offense: Camper will be suspended based on the severity of the offense (1 day – 1 week). Refund and credits are not given for suspension or removal from the program.
7\textsuperscript{th} offense: Camper’s enrollment will be terminated for the remainder of the summer.
To stay connected to camp, check out the following:

**Camp Newsletter** – Weekly newsletter filled with information on camp happenings.

**Camp Email** – Dedicated email for camp and billing questions, comments and concerns.

**Camp Hotline** – In case of an emergency or to relay an important message. **Not for billing questions.**

**Camp Texts by Remind!** – Opt into our text message service at the Sign In/Out Table for camp reminders.

### Centennial Hills YMCA
- Camp Secretary - Deborah Reschke 702.476.6740
- Camp Supervisor - Tara Maguinness /Jordan Sommaggio 702.857.5565
- Sr. Program Director – Emily Walton 702.476.6744
- Camp Hotline 702.857.5565
- Camp Email [chyouthfamily@lasvegasymca.org](mailto:chyouthfamily@lasvegasymca.org)

### Durango Hills YMCA
- Camp Secretary - Taylor Tanksley 702.839.4908
- Camp Supervisor – TBD 702.945.3901
- Sr. Program Director – Susan Flight 702.839.4901
- Camp Hotline 702.945.3901
- Camp Email [dhyouthfamily@lasvegasymca.org](mailto:dhyouthfamily@lasvegasymca.org)

### Heinrich YMCA
- Camp Secretary - Jamie Monday 702.522.7421
- Camp Supervisor – TBD 702.857.5154
- Membership Director – Barbara Carter 702.522.7435
- Camp Hotline 702.857.5154
- Camp Email [hyouthfamily@lasvegasymca.org](mailto:hyouthfamily@lasvegasymca.org)

### Sky View YMCA
- Camp Secretary – Dana Snow 702.522.7500
- Camp Supervisor – Kareemah Grant 702.326.2075
- Executive Director – Ray Fraser 702.998.9101
- Camp Hotline 702.326.2075
- Camp Email [svyouthfamily@lasvegasymca.org](mailto:svyouthfamily@lasvegasymca.org)

### Senior Youth & Family Director - Erica Stegall
- 702.476.6741
- [estegall@lasvegasymca.org](mailto:estegall@lasvegasymca.org)

---

**WE VALUE YOUR INPUT!**

Although we plan camp with you and your campers in mind, it’s your input that helps us fine tune the details. We want your child to have an amazing Y Camp experience like thousands of other campers so please celebrate our successes and help identify our struggles. Allow us to correct inconveniences and help create positive memories that last a lifetime.

With hundreds of campers in our care, email is often the most efficient method of communication between Y Staff and parents. Please check your email for program surveys, newsletters and Y rewards.
Dress Code
Campers should wear simple, non-restrictive clothing that’s in good taste and you don’t mind getting dirty, muddy, wet, or stained. A simple t-shirt, shorts, and a hat are a good choice. Athletic shoes are required to keep up with an action packed day of fun (closed toes/heel; no Healy's or sandals). Children should pack sandals/flip flops to wear at the pool. Teens must lead by example and follow the dress code by wearing modest and appropriate clothing as well. To minimize the chance of misplaced clothing, please clearly label all of your camper’s belongings. YMCA personnel reserve the right to decipher whether clothing is appropriate or inappropriate for campers to wear.

Camper T-Shirts
Each camper will receive one Y Camp T-Shirt at the time of registration. Please note that all shirts are available on a first come, first serve basis. Campers are preferred to wear their YMCA shirts on all field trips.

Lost & Found
We will make every effort to keep your camper’s belongings with them. However, our Lost & Found boxes tend to overflow as summer unfolds. Please check daily for misplaced items and remember not to bring anything of value to camp – this includes sentimental value. We are not responsible for any lost, missing, or stolen items. All unclaimed items after two weeks will be donated to charity.

Sunscreen
Please apply sunscreen to your camper before arriving each day. In addition, pack extra as your camper will have frequent opportunities throughout the day to re-apply and stay protected. Please be sure to label your child’s sunscreen bottle. By signing the Y Day Camp Waiver upon registration you are giving the YMCA staff the permission to apply spray sunscreen to your camper. Please note that the YMCA will not apply sunscreen lotion to your child.

Weather
Outdoor play is an important part of our daily camp schedule. During periods of extreme heat, the camp staff will scale down the physical camp activities outdoors. Campers will not be outside for more than a 30 minute period of time. Campers are required to bring a water bottle to camp on a daily basis to provide proper hydration.

Bathroom Procedures
No camper is ever alone and no camper is ever alone with a staff member. All campers will take trips to the bathroom with a group of campers escorted by camp staff. Campers will only use bathrooms inspected for safety by camp staff. All camp staff will inspect and clear bathrooms prior to a camper entering the bathroom. All camp staff will stand at the entrance of bathrooms blocking any public patron from entering the bathroom while campers are in the restroom.
Screen-Free Camp
Camp is a screen free and cell phone free zone. Cell phones, video games, iPods, etc., become disruptive to camp life and detract for the camp experience. If a cell phone, iPod, etc., comes to camp, it will be collected and placed in the director’s office until pick up. Please contact the YMCA or the Camp Hotline if there is an emergency in which you need to contact your child. The YMCA is not responsible for lost or stolen electronics.

Grouping of Campers
Our camps are divided into groups by age and/or ability. Of course, there are circumstances in which parents have special requests. When possible, YMCA staff will try to accommodate however specialty camps are age restricted based on camp content and experiences. Campers must meet age requirements by camp start date.

Special Needs
The Y is committed to equal access for all in our programs, services, and activities. We strive to provide the best camp experience for your child, and ask that prior to registration, you consult with the Youth & Family Director regarding the special needs of your child. We will work to provide reasonable accommodations. We reserve the right to exclude children that cannot succeed in a 1:15 ratio.

Special Events & Birthdays
Special food treats may be brought in for holidays, special events or birthdays. Arrangements should be made ahead of time with the camp supervisor. All foods must be brought in sealed unopened packages with proper nutrition labels containing all ingredients.

Transportation
Parents/Guardians must sign the Y Day Camp Waiver to authorize the YMCA of Southern Nevada to transport their child for field trips, off-site excursions and emergency care. The YMA of Southern Nevada uses a third party bussing company for all off-site field trips.

Special Notes to Parents
To make sure your child remains safe outside of the Y supervision and to protect our staff and volunteers, the YMCA encourages your cooperation in the following areas:

- YMCA policy prohibits Y employees to baby-sit, host sleepovers, or spend time one-on-one with your child outside of the YMCA programs.
- YMCA policy prohibits Y employees to transport your child in their personal vehicles.
- Please do not leave your child at the Y unless a staff member is present to supervise him/her.
- Talk to your child about the importance of telling you if someone does or says something that makes them feel uncomfortable. Emphasize that adults should not ask them to keep secrets from you.
- Explain to your child that he/she has a right to privacy and that no one should touch them or compel them to touch someone else.
- Instruct your child to always remain part of the group. Stress that there is safety in numbers!
- Be concerned if your child suddenly becomes withdrawn or balks at attending certain activities or being around a particular person. Gently seek to find out why.
- Report any actions by YMCA staff or volunteers that you deem to be inappropriate to the Youth & Family Director/Executive Director. If these actions involve suspected child abuse, contact the Child Protective Services Department.
CAMPER MEDICAL CARE

Illness Policy
Children must be healthy enough to participate in the program’s daily routine. We do not have the facilities to care for sick children nor do we want to spread illness to other campers, therefore we ask parents to keep campers home until they feel better and no longer present a danger of passing on their illness. Please notify the Y within 24 hours if your child or any member of your household develops a communicable condition such as conjunctivitis, chicken pox, lice, or scabies. In the case of a life-threatening illness, please notify the Y immediately. It is important for us to post a notice to other parents as soon as possible.

If your child becomes ill during the program, you will be contacted. If unavailable by phone, the child’s emergency contact and authorized adults will be called. **Ill campers must be picked up from the Y within one hour of our call.** There will be a $1 per minute late fee applied beyond that hour timeframe.

Accidents/Emergencies
Precautions will be taken to prevent serious health risks to all campers. In the event that a **minor injury** occurs, First Aid will be administered onsite and recorded on an Ouch Report which will be attached to the campers sign in/out sheet. Following First Aid, the camper will be periodically observed.

- Parent/Guardians will be notified of all head or joint injuries immediately.

In the event that a **major injury** or health problem arises, 911 will be called and Y staff will:

- Administer First Aid/CPR as appropriate until emergency personnel arrive.
- Contact Parent/Guardians, if unavailable, emergency contact(s) will be notified.
- If transported, Y staff will follow the ambulance and remain with the camper until a parent arrives.
- YMCA staff will document incident on internal Incident Report.

**Note:** Emergency personnel typically transport to the nearest hospital or select based on care needed.

Allergies
In recent years, there has been an increase in the number of children with severe allergies to peanut and other products. If you’re aware that your child is severely allergic to something, it is your responsibility to notify the YMCA in advance so we may take proper precautions. Please leave your child’s epi-pen and signed Medication Authorization Form with the camp supervisor. YMCA of Southern Nevada is a NUT FREE ZONE. We ask that you do not provide lunch or snacks that contain peanuts, peanut butter or other nuts to ensure the safety of all campers.

Americans with Disabilities Act
The YMCA is committed to enforce and implement all required provisions of the Americans with Disabilities Act, in both policy and practice. If your camper needs a reasonable accommodation to participate in our camp, your request may be made to the Association Youth & Family Director. Upon reasonable notice, efforts will be made to accommodate your request.

Medication Administration Policy
Prescription and “over-the-counter” medications will be dispensed with a Medication Authorization Form on file; this includes inhalers and epi-pens. Medication Authorization Forms are available at the welcome desk or online at [www.lasvegasymca.org](http://www.lasvegasymca.org). Here are a few details:

- Medication must be in original container with prescription label/directions attached. Medication must be labeled with the child’s name, the dosage amount, and the time or times to be given.
- Check in all medication (including inhalers, epi-pens, etc.) to the camp supervisor. Campers are not allowed to keep medications in backpacks, lunch bags, etc.
- Pick up remaining medications on the last day of camp. The Y cannot store medication for future use.
YMCA Summer Camps challenge children to grow in imagination, creativity, confidence, self-directed initiative, and leadership. We are dedicated to changing the lives of our campers in the most positive way possible, and thank you for giving us the opportunity to do so.

We look forward to meeting you and your child this summer!