



# CENTENNIAL HILLS YMCA

## P O O L S C H E D U L E

	LAP SWIMMING	REC SWIM	AQUA CLASS
MONDAY	5am—4pm: 1-2 Lanes 7pm—7:45pm: 1-2 Lanes	5am—9:30: 1-2 Lanes 10:30am—4pm: 1-2 Lanes 7pm—7:45pm: 1-2 Lanes	9:30a—10:20a: 2-3 Lanes 5:30p—6:30p: Therapy Pool
TUESDAY	5am—3pm: 1-2 Lanes 7pm—7:45pm: 2-4 Lanes	5am—9:30am: 1-2 Lanes 10:30am—4pm: 1-2 Lanes 7pm—7:45pm: 1-2 Lanes	9:30a—10:20a: 2-3 Lanes 3:30p—5p: Therapy Pool
WEDNESDAY	5am—4pm: 1-2 Lanes 7pm—7:45pm: 1-2 Lanes	5am—9:30am: 1-2 Lanes 10:30am—4pm: 1-2 Lanes 7pm—7:45pm: 1-2 Lanes	9:30a—10:20a: 2-3 Lanes 6:45p—7:35p: 2-3 Lanes
THURSDAY	5am—2pm: 1-2 Lanes 3pm—4pm: 1-2 Lanes 7pm—7:45pm: 2-4 Lanes	5am—3pm: 1-2 Lanes 7pm—7:45pm: 1-2 Lanes	
FRIDAY	5am—3pm: 1-2 Lanes 3pm—6:45pm: 2-4 Lanes	5am—6:45pm 1-2 Lanes	9:30a—10:20a: 2-3 Lanes
SATURDAY	7am—9am: 2-4 Lanes 1pm—3:45pm: 2-4 Lanes	7am—9am: 1-2 Lane 1pm—3:45pm: 1-2 Lanes	<b>POOL HOURS</b> Monday—Thursday: 5am—7:45pm Friday: 5am —6:45pm Saturday: 7am—3:45pm Sunday: 9am—12:45pm
SUNDAY	9am—12:45pm: 1-2 Lanes	9am—12:45pm 1-2 Lanes	



## THERAPY POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am—12:15pm 1:15pm—4pm 6:30pm—7:45pm	5am—9:30am 10:30am—3:30pm 5:30pm—7:45pm	5am—9:30am 10:30am—12:15pm 1:15pm—4pm 6pm—7:45pm	5am—10am 11am—4pm 5:30pm—7:45pm	5am—11:45am 12:45pm—6:45pm	7am—9am 11am—3:45pm	9am—12:45pm

The Pool closes 15 minutes prior to the building closing time, the pool deck will close at building closing time.

\*YMCA swim instructors may use lanes and therapy pool during open times for private swim lessons.

\*\*LANE AVAILABILITY MAY BE SUBJECT TO CHANGE ON A DAILY, WEEKLY OR MONTHLY BASIS\*\*