



# THE Y. FOR A BETTER US.

## 2023 COMMUNITY IMPACT REPORT

For 80 years, the YMCA of Southern Nevada has provided the support our community needs to learn, grow, and thrive. By offering hundreds of Youth Development, Healthy Living, and Social Responsibility programs that serve tens of thousands of Clark County residents each year, our diverse reach and multifaceted impact are unparalleled. As a 501(c)(3) charity, we work tirelessly to ensure all are welcome at the Y and that nobody is turned away due to the inability to pay.



## SOLVING COMMUNITY PROBLEMS IN REAL TIME

Today, the need for the Y is greater than ever. That's why we continue to develop programs that adapt to meet the changing needs of our communities.



**50,763** free meals and snacks served



**3,588** youth participated in recreational swim and drowning prevention programs, including those with special needs



**2,151** Medicaid family members supported through targeted programs



**1,905** health and fitness screenings conducted



**1,828** calls made to seniors for wellness checks



**138** CCSD students transported to the Y when stranded after-school



**324** (949 to date) students participated in one of the strongest evidence-based academic and social-emotional interventions in the nation



**91** individuals participated in free, evidence-based health interventions after a cancer, arthritis, obesity, or high blood pressure diagnosis



**75** teens received free lifeguard certification and job seeking skills in a workforce development pilot program

## FAST FACTS

The Y believes everyone deserves a chance to succeed, no matter their age, income, or ability. We discovered this is possible only when we unite in the common purpose of creating a better us.

**\$3,891,568**

Scholarships provided to remove financial barriers to accessing critical care programs

**63,496**

Community Members Served

**45,354**

Total Members

**35,174**

Members received financial assistance to access essential services

**78%**

Individuals served who are low-to-moderate income





# THE Y. FOREVER IN SERVICE. FOR A BETTER US.

Strengthening community is our cause. Strong communities don't just happen; they're the result of steady leadership and the stewardship of strong values. That's the Y. We make a difference by focusing on three key areas: Youth Development, Healthy Living, and Social Responsibility. By investing in our kids, our health, and our neighbors, we ensure that everyone - regardless of age, income, or ability - has the opportunity to learn, grow, and thrive.

## OUR TEAM

FULL TIME: 65 | PART TIME: 381 | SEASONAL: 246 | VOLUNTEERS: 347 | INTERNS: 57  
AVERAGE AGE: 20



**Youth Development**  
NURTURING THE POTENTIAL OF EVERY CHILD

**Healthy Living**  
IMPROVING OUR COMMUNITY'S HEALTH & WELL-BEING

**Social Responsibility**  
GIVING BACK & PROVIDING SUPPORT TO OUR NEIGHBORS

**19,152**

Youth Members  
(42% of membership)

**4,127**

Youth participated in enrichment programs like STEM clubs, Teen Connection, Little Picasso, Innovation Labs, and Y PE

**2,733**

Children improved their social-emotional and physical health through 17 affordable youth sports programs

**1,985**

Kids participated in comprehensive Summer Camp programming

**475**

Little learners participated in subsidized preschool and wrap-around services, using one of the strongest evidence-based curricula in the nation

**158,727**

Individuals of all ages who improved their health through in-person and virtual exercise classes (duplicated)

**18,912**

Family Members (42% of membership)

**4,992**

Senior Members (11% of membership)

**3,527**

Seniors improved their quality of life through social programs like the Ambassador Program, Card Clubs, and Senior Connections

**2,800**

Participants of wellness programs like walking clubs, massage therapy, nutrition workshops, and sports conditioning

**638**

Seniors participated in physician-led seminars on health hot topics impacting older adults

**7,665**

Military Members (17% of membership)

**6,939**

Community members participated in free community events like Halloween at the Y and Breakfast with Santa

**2,376**

Teen Connection community service hours

**2,333**

Individuals of all ages discovered and improved the great outdoors through the Take a Hike program

**614**

Community partnerships

**413**

Youth participated in lifesaving certification courses like CPR and babysitter training

**98%**

Senior members with a free membership thanks to insurance partners