



# THE Y. FOR A BETTER US.

## 2022 COMMUNITY IMPACT REPORT

For 78 years, the YMCA of Southern Nevada has provided the support our community needs to learn, grow, and thrive. By offering dozens of Youth Development, Healthy Living, and Social Responsibility programs that serve tens of thousands of Clark County residents each year, our diverse reach and impact are unparalleled. As a 501(c)(3) charity, we work tirelessly to ensure all are welcome at the Y and that nobody is turned away due to the inability to pay.



## SOLVING COMMUNITY PROBLEMS IN REAL TIME

The Y will always work to meet community needs in times of crisis. And when the crisis is over, we will be there to help our communities recover. Today, the need for the Y is greater than ever. That's why we continue to develop programs that adapt to meet the changing needs of our communities.



**39,073** individuals "beat the heat" by enjoying our 3 outdoor pools.



**34,325** free meals and snacks served.



**1,734** calls made to seniors for wellness checks, lockdown socialization, and resource exchange.



**210** (625 to date) students combated devastating academic and social-emotional regression through one of the strongest evidence-based interventions in the nation.



**97** individuals participated in free, evidence-based health interventions after a cancer, arthritis, obesity, or high blood pressure diagnosis



**59** (691 to date) individuals on the brink of homelessness were supported in accessing Rental Assistance for Tenants funding.



**24** hours of small group mental health counseling services provided to area teens.



**13** teens received free lifeguard certification and job seeking skills in a workforce development pilot program.



**13** CCSD students found a safe place at the Y when stranded afterschool.

## FAST FACTS

The Y believes everyone deserves a chance to succeed, no matter their age, income, ability, or background. We discovered this is possible only when we unite in the common purpose of creating a better us.

**\$2,936,772**

Subsidies provided to remove financial barriers to accessing critical care programs

**57,694**

Community Members Served

**39,789**

Total Members

**29,054**

Individuals received financial assistance to access essential services

**73%**

Individuals served who are low-to-moderate income



# THE Y. FOREVER IN SERVICE. FOR A BETTER US.

Strengthening community is our cause. Strong communities don't just happen; they're the result of steady leadership and the stewardship of strong values. That's the Y. We make a difference by focusing on three key areas: Youth Development, Healthy Living, and Social Responsibility. By investing in our kids, our health, and our neighbors, we ensure that everyone - regardless of age, income, ability, or background - has the opportunity to learn, grow, and thrive.

## OUR TEAM

FULL TIME: 49 | PART TIME: 319 | SEASONAL: 234 | VOLUNTEERS: 306 | INTERNS: 55  
AVERAGE AGE: 19



**Youth Development**  
NURTURING THE POTENTIAL  
OF EVERY CHILD & TEEN



**Healthy Living**  
IMPROVING OUR COMMUNITY'S  
HEALTH & WELL-BEING



**Social Responsibility**  
GIVING BACK & PROVIDING  
SUPPORT TO OUR NEIGHBORS

**17,241**

Youth Members  
(43% of membership)

**3,750**

Youth participated in a myriad of enrichment programs like STEM clubs, Teen Connection, Little Picasso, Innovation Labs, and Y PE

**2,643**

Children who improved their social-emotional and physical health through 20 affordable youth sports programs

**1,993**

Kids participated in comprehensive and inclusive Summer Camp programming

**438**

Little learners participated in subsidized preschool and wrap-around services, using one of the strongest evidence-based curricula in the nation

**129,092**

Individuals of all ages who improved their health through in-person and virtual exercise classes (duplicated)

**16,538**

Family Members (42% of membership)

**4,146**

Senior Members (10% of membership)

**1,961**

Seniors improved their quality of life through social programs like the Ambassador Program, Card Clubs, and Senior Connections

**1,618**

Participants of wellness programs like walking clubs, massage therapy, nutrition workshops, and sports conditioning

**595**

Seniors participated in physician-led seminars on health hot topics impacting older adults

**7,039**

Military Members  
(18% of membership)

**6,500**

Community members participated in free community events like Halloween at the Y and Breakfast with Santa

**3,885**

Youth participated in life-saving swim lessons and safety certification courses like CPR and babysitter training

**755**

Active community partnerships

**181**

Individuals of all ages enjoyed and improved the great outdoors through the Take a Hike program