

FUN FOR ALL!



2022 V4 | FALL/WINTER

There's Something for Everyone at the Y!



Scan here for more info on each program

PARENT/CHILD 3 mo-3 yrs

- ▼ GYMNASTICS
- ▼ KIDS GYM
- ▼ LITTLE EXPLORERS
- ▼ PARENT/CHILD SWIM LESSONS

PRESCHOOL 3-5 years

- ▼ BALLET & TAP
- ▼ GROUP SWIM LESSONS
- ▼ GYMNASTICS (4-5 yrs)
- ▼ KIDS GYM
- ▼ LITTLE EXPLORERS (2-5 yrs)
- ▼ PARENTS' NIGHT OUT
- ▼ PRIVATE SWIM LESSONS
- ▼ SOCCER ACADEMY
- ▼ Y PICASSO
- ▼ PRESCHOOL

SCHOOL-AGE 5-12 years

- ▼ BABYSITTER TRAINING
- ▼ BASKETBALL ACADEMY
- ▼ GROUP SWIM LESSONS
- ▼ GYMNASTICS
- ▼ HIP HOP (Ages 6+)
- ▼ HOLIDAY CAMP
- ▼ HOMESCHOOL P.E.
- ▼ JR LIFEGUARDING
- ▼ KARATE
- ▼ KIDS GYM (Up to 7 yrs)
- ▼ PARENTS NIGHT OUT
- ▼ PRIVATE SWIM LESSONS
- ▼ SPLASHBALL
- ▼ SWIM TEAM
- ▼ Y KIDS PLAY
- ▼ YOUTH CIRCUIT

TEENS 12-17 years

- ▼ BABYSITTER TRAINING
- ▼ CPR/AED/FIRST AID CERTIFICATION
- ▼ GROUP FITNESS CLASSES
- ▼ GROUP SWIM LESSONS
- ▼ HOLIDAY CAMP
- ▼ JR LIFEGUARDING
- ▼ KARATE
- ▼ LIFEGUARD CERTIFICATION
- ▼ PRIVATE SWIM LESSONS
- ▼ SWIM TEAM
- ▼ TEEN NIGHT
- ▼ TEEN TEAM TRAINING

FAMILY FUN 18+ years

- ▼ CPR/AED/FIRST AID CERTIFICATION
- ▼ FLICK & FLOAT
- ▼ GROUP FITNESS CLASSES (8+)
- ▼ PARENTS' NIGHT OUT
- ▼ RENTALS & BIRTHDAY PARTIES
- ▼ TAKE A HIKE
- ▼ FAMILY NIGHT

ADULTS 18+ years

- ▼ BLOOD PRESSURE SELF-MONITORING PROGRAM
- ▼ CHOOSE TO LOSE
- ▼ CPR/AED/FIRST AID CERTIFICATION
- ▼ FITNESS EVENTS
- ▼ GROUP FITNESS CLASSES
- ▼ GROUP SWIM LESSONS
- ▼ LIFEGUARD CERTIFICATION
- ▼ LIVESTRONG CANCER SURVIVOR PROGRAM
- ▼ PERSONAL TRAINING
- ▼ PRIVATE SWIM LESSONS

AOAs 62+ years

- ▼ BINGO/CRAFTS
- ▼ BLOOD PRESSURE SELF-MONITORING PROGRAM
- ▼ CARDS & COFFEE
- ▼ CHOOSE TO LOSE
- ▼ DOC TALKS
- ▼ ENHANCE
- ▼ FIELD TRIPS
- ▼ GROUP FITNESS CLASSES
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- ▼ LIVESTRONG CANCER SURVIVOR PROGRAM
- ▼ PERSONAL TRAINING
- ▼ PRIVATE SWIM LESSONS
- ▼ SENIOR CONNECTIONS

LEGEND

- ▼ YEAR ROUND
- ▼ SEASONAL

YOUTH & TEEN ACTIVITIES

BABYSITTING COURSE

DATES: Fri & Sat **TIMES:** Varies
AGES: 11-15 yrs **COST:** \$80
DESCRIPTION: The primary purpose of the American Red Cross Babysitter's Training Course is to provide youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe; help children behave; and learn about basic childcare and basic first aid. This training is designed for youth ages 11 to 15. Training takes place at the SkyView Y. Members from all locations are welcome to register for trainings! Space is limited to the first 10 participants.

CPR/AED/FIRST AID CERTIFICATION

DATES: Varies **TIMES:** Varies
AGES: 15+ yrs **COST:** TBD
DESCRIPTION: Learn American Red Cross First Aid/CPR/AED. Check your local Y or our website for upcoming opportunities!

HOLIDAY & ONE-DAY CAMP

DATES: Varies **TIMES:** 7am-6pm
AGES: 5-15 yrs **COST:** Varies
DESCRIPTION: When school is out, Y Camp is in! The Y offers one-day, full-week, and daily drop-in camps when school is out. Your child will be energized with our fun activities that include sports, games, crafts, STEM projects, and more.

JUNIOR LIFEGUARDING

DATES: Varies **TIMES:** Varies
AGES: 11-14 yrs **COST:** \$120
DESCRIPTION: The American Red Cross Junior Lifeguarding program is designed to guide youth to the American Red Cross Lifeguarding Course. This 2-week course introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, and First Aid/CPR/AED.

KIDS GYM

DATES: Vary **TIMES:** Vary
AGES: 3 mo-7 yrs **COST:** Free
DESCRIPTION: Parents who are looking to work on their wellness goals, but have small children are absolutely raving about our Kids Gym. Why? Because, for up to two hours while you work out, your child has a safe place to play! Under trained supervision, your child can play with others while you use our facility. And even better, as a member of the Y, this service is provided free of charge to family membership holders!

LIFEGUARD CERTIFICATION

DATES: Varies **TIMES:** Varies
AGES: 15+ yrs **COST:** \$171
DESCRIPTION: The American Red Cross lifeguarding courses are designed to teach you how to not only help others stay safe in, on, and around the water, but can help you learn the latest safety and rescue techniques, and deliver critical care, like CPR, first aid, and AED administration. Swim pre-test required to attend course. This is a blended learning course that has online portions that must be completed in order to receive certification. Must pass all in-class skills and written tests with at least 80% to receive certification. Certifies in Lifeguarding, CPR, AED, and First Aid. Training takes place at the SkyView Y. Members from all locations are welcome to register for trainings! \$25 non-refundable for registrations prior to pre-swim test. Check your local Y or our website to register in advance!

LITTLE EXPLORERS

DATES: Mon **TIMES:** 11-11:50am
AGES: 1-5 yrs **COST:** \$25 per month
DESCRIPTION: Join us for fun and engaging parent/child style classes with your littlest explorer! Topics include art, music & movement, STEM, literacy and more! Check your local Y or our website for upcoming sessions and to register in advance!

PRIVATE SWIM LESSONS

AGES: 3+ **COST:** 3-30 min sessions: \$104 or 6-30 min sessions: \$185
DESCRIPTION: Does your schedule make it difficult to make it to our classes? Do you or your child want one-on-one instruction? Our private lessons allow for flexible scheduling and lets the instructor focus all of their attention on you. Instructors will specifically tailor the program based on your needs.

SUMMER CAMP

DATES: Mon-Fri (Summer Months Only)
TIMES: 7am-6pm **AGES:** 3-15 yrs (Leaders in Training TEEN Camp, 12-15 yrs)
COST: Starts at \$155 per week
DESCRIPTION: Each year, campers embark on a fantastic summer journey with the Y! Themed daily activities, field trips and much more await your child, as they learn about the core values of honesty, caring, respect and responsibility. Financial assistance is available.

SWIM LESSONS

DATES: Varies **TIMES:** Varies
AGES: 3+ yrs **COST:** \$109 for 8 Sessions
DESCRIPTION: Swim lessons builds self confidence, develops self-esteem, and makes water a safe, fun environment for a lifetime! Our swim lessons are specifically tailored to the participant's age, swimming ability, level of physical development and confidence in the water. Participants will progress to the next stage based on swim evaluations. Our program uses skill-based instruction through activities that maximize physical activity, emphasize safety, all while engaging families.

TEEN NIGHT

DATES: First Friday of Each Month
AGES: 12-17 yrs **COST:** \$15 per person
DESCRIPTION: Teen's take over the Y the first Friday of each month!

Y KIDS PLAY

DATES: Mon-Thurs **TIMES:** 5-7pm
AGES: 5-12 yrs **COST:** Free
DESCRIPTION: Your child is invited to experience a variety of activities, including group exercise classes and sports! This program teaches the importance of staying active and healthy.

Y PICASSO

DATES: Tues **TIMES:** 3-4pm
AGES: 3-5 yrs **COST:** \$25/mo
DESCRIPTION: Let your little one bring out their inner Picasso with our exciting art class! Our Y Picasso class will focus on various art styles to allow your child's creativity to flow. Supplies included!

PRESCHOOL

DATES: Aug 22-May 26 (Mon-Fri)
TIMES: 8am-3pm **AGES:** 3-5 yrs
COST: \$165/wk + \$250 enrollment fee
DESCRIPTION: The YMCA's mission is to lay a foundation for ongoing achievement and success by addressing the holistic development of each child through quality interactions, involvement, and curriculum. Children are active learners, and active learners need opportunities to observe the world around them and develop their own ideas through intentional play. Y Preschool will increase the social and emotional development of each child through decision making, exploration, and positive social interactions.

YOUTH & TEEN SPORTS

BALLET & TAP

DATES: Wed **TIMES:** 3-4pm
AGES: 3-6 yrs **COST:** \$52/mo
DESCRIPTION: Participants will learn dance fundamentals relative to ballet/tap! Dance recitals scheduled quarterly. Please make sure to bring ballet and tap shoes and wear dance attire (leotards and tights) to each of your lessons. Check your local Y or our website for upcoming sessions and to register in advance!

BASKETBALL ACADEMY

DATES: Tues **TIMES:** 5-6pm
AGES: 6-13 yrs **COST:** \$52/mo
DESCRIPTION: Dribble! Shoot! Score! Learning the sport of basketball is fun in this developmental skills program. Check your local Y or our website for upcoming sessions and to register in advance!

GYMNASTICS

DATES: Mon & Wed
MONDAY CLASSES/AGES/TIMES:
Tots (4-5yrs) 3-4pm
Beginner 1 (6-8yrs) 4-5pm
Beginner 2 (9+yrs) 5-6pm
Tumbling (6+yrs) 6-7pm
WEDNESDAY CLASSES/AGES/TIMES:
Tots (4-5yrs) 3-4pm
Beginner 1 (6-8yrs) 4-5pm
Beginner 2 (9+yrs) 5-6pm
Tumbling (6+yrs) 6-7pm
COST: \$52/mo **DESCRIPTION:** Little or no experience with gymnastics is required. Basic development in movement, shapes and positions. Participants will be introduced to various apparatuses, stretching techniques, inverted balancing, tumbling, and ballet for gymnastics. Check your local Y or our website for upcoming sessions and to register in advance!

HIP HOP

DATES: Thurs **TIMES:** 4-5pm
AGES: 6+ yrs **COST:** \$52/mo
DESCRIPTION: This class consists of rap, hip hop and urban sounds focusing on musicality, rhythm, coordination and confidence. It is designed for you to let loose and dance! Check your local Y or our website for upcoming sessions and to register in advance!

PRE-SWIM TEAM

DATES: Mon & Wed **TIMES:** ?
AGES: ? **COST:** \$109
DESCRIPTION: After completing levels 1-6, Pre-Swim Team is designed for those interested in taking the next step toward swim team. This class is for kids who love swimming and have goals of joining swim team. Swimmers who haven't decided if swim team is right for them will enjoy Pre-Swim Team. Practice will include laps, drills, relay work, racing starts, and flip turns.

SHOTOKAN KARATE

DATES: Tues & Thurs **TIMES:** 5-6pm
AGES: 5-12 yrs **COST:** \$80/mo
DESCRIPTION: Karate is a martial art of Japanese origin that deals with attacks through evasive body movements and/or blocking, and counter attacks using kicks, punches and strikes. Joint locks, restraints and takedowns are also used, but to a lesser extent. People variously practice Karate as a form of self-defense, a way of keeping healthy and a sport. As a self-defense system, karate does not so much teach a set of standard responses to a set of limited scenarios, but rather teaches a set of principles that can be applied in any situation. As a method of keeping fit and healthy, it develops balance, coordination, aerobic fitness, strength and flexibility. In addition, it also challenges the brain and requires constant mental alertness and agility. Check your local Y or our website for upcoming sessions and to register in advance!

SPLASHBALL

DATES: TBD **TIMES:** TBD
AGES: 10-12 yrs **COST:** \$55/mo
DESCRIPTION: Splashball is designed to introduce the sport of water polo to children. The intent is to provide basic skills and understanding of the sport in a fun, recreational format. Although water polo is known for its toughness and endurance, Splashball harnesses all the fun, dynamic aspects of the game in a safe, easy to learn aquatic experience that will motivate kids to swim and stay fit. Check your local Y or our website for upcoming sessions and to register in advance!

SWIM TEAM

DATES: Varies **TIMES:** Varies
AGES: 5-17 yrs **COST:** Varies
DESCRIPTION: Come be a part of a great aquatics experience! The Y Swim Team is a developmental swim program run by trained coaches to improve swimmers' competitive skills and endurance through progression rather than intense competition. The Y swim team promotes healthy lifestyles while embracing the four core values of respect, responsibility, honesty and caring. Tryouts are required before registration. Check your local Y or our website for upcoming sessions and to register in advance!

SOCCER ACADEMY

DATES: Thurs **TIMES:** 3pm
AGES: 3-5 yrs
COST: \$25 per month
DESCRIPTION: Lace up your tennis shoes and suit up for Indoor Soccer Academy! Athletes will learn basic soccer skills such as dribbling, passing, kicking and footwork to control the ball. In addition to learning soccer skills, athletes will discover the importance of stretching and healthy eating.



FAMILY ACTIVITIES & EVENTS

ADMINISTERING EMERGENCY OXYGEN

DATES: Varies **TIMES:** Varies

AGES: All Ages **COST:** \$40

DESCRIPTION: The purpose of the American Red Cross Administering Emergency Oxygen course is to give participants the knowledge and skills necessary to provide care to a victim of a breathing emergency using breathing devices, including resuscitation masks, bag-valve-mask resuscitators (BVMs) and emergency oxygen. Training takes place at the SkyView Y. Members from all locations are welcome to register for trainings!

CPR/AED/FIRST AID CERTIFICATION

DATES: Varies **TIMES:** Varies

AGES: 16+ **COST:** \$75

DESCRIPTION: Whether you're interested in becoming a Lifeguard or just want to learn these important life-saving skills, our CPR/AED/First Aid Certification is offered during various times of the year and is accredited by The American Red Cross. Check your local Y or our website for upcoming sessions and to register in advance!

FLICK & FLOAT

DATES: Varies **TIMES:** Varies

AGES: All **COST:** Free

DESCRIPTION: Come join us for a family-friendly movie by the pool! Check your local Y or our website for upcoming offerings!

HOMESCHOOL PE

DATES: Tues & Thurs **TIMES:** 1-3pm

AGES: 5-12 yrs **COST:** \$35-\$52

DESCRIPTION: Homeschool P.E. offers a way for your child to learn valuable physical and social skills that will last a lifetime. Whether your child is an athlete on a select sports team, or an artist that has never kicked a ball, Homeschool Y P.E. has something to offer!

PARENTS' NIGHT OUT

DATES: 2nd & 4th Friday of the Month

TIMES: 5:30-8:30pm

AGES: 3-12 yrs **COST:** \$10 per session

DESCRIPTION: Take a night off while your child has a blast at the Y! Each Parents' Night Out will consist of a new theme - featuring crafts, games, a movie, and dinner (pizza, juice, and a Popsicle). Children must be potty trained and be a Family Membership holder. Check your local Y or our website for upcoming sessions and to register in advance!

PARENT/CHILD SWIM LESSONS

DATES: Varies **TIMES:** Varies

AGES: 6 mo+ (and parents) **COST:** \$25/mo

DESCRIPTION: The Y is excited to offer an amazing deal on our Parent/Child Swim Lessons! For just \$25 per month, parents and their little ones are invited to come enjoy this positive bonding experience in the water. This class is geared towards introducing ages 6 months to 3 years to the aquatic environment, focusing on water safety, positive interaction and more, while also having tons of fun! Check your local Y or our website for upcoming hikes and to register in advance!

RENTALS & BIRTHDAY PARTIES

DATES: Your choice **TIMES:** Your choice

AGES: All **COST:** Varies

DESCRIPTION: Rent a room... Or a whole waterpark! Whether you need a quiet room for a support meeting, a classroom for training or an outdoor pool for your teen's graduation party, we offer affordable rentals to accommodate your needs! We also specialize in birthday parties, offering various themes like science parties, sports parties or pool parties! Check your local Y to explore your rental or party options, and let us handle the rest!

TAKE A HIKE

DATES: 4th Sat of the Month

TIMES: 10am-12pm **AGES:** All **COST:** Free

DESCRIPTION: Nevada has many beautiful national parks and public lands to explore - join us for one of our family-friendly monthly hikes! Check your local Y or our website for upcoming hikes and to register in advance!

FAMILY NIGHT

DATES: 3rd Friday of the Month

TIMES: 5-7pm **AGES:** All **COST:** Free

DESCRIPTION: You bring the family, and the Y will provide the fun! Themes include holidays, crafts, games and much more! Feel free to invite your family, friends and neighbors. Check your local Y or our website for upcoming events and to register in advance!

FITNESS OFFERINGS

CHOOSE TO LOSE

DATES: Varies **TIMES:** Varies
AGES: 18+ yrs **COST:** \$250
DESCRIPTION: You owe it to yourself to be healthy and happy! This 12 week weight loss program is led by a certified trainer. You will participate in small group exercise 2x per week, get nutrition & lifestyle coaching, receive a participant manual & trainer support, and gain access to workouts & resources to help you track and reach your goals. Check your local Y or our website for the next session!

FITNESS EVENTS

DATES: Varies **TIMES:** Varies
AGES: 8+ yrs **COST:** Free
DESCRIPTION: Our Health & Wellness department hosts various fitness related events throughout the year, including group exercise class relaunches, fitness challenges, family fun runs and so much more! Check your local Y or our website for upcoming events and to register in advance!

GROUP FITNESS CLASSES

DATES: Varies **TIMES:** Varies
AGES: 8+ yrs **COST:** Free
DESCRIPTION: From Zumba to Aqua Aerobics, Y Kids Play to Les Mills BODYPUMP, the Y offers a variety of group exercise classes for adults, seniors and even children in Las Vegas! Check your local Y or our website for class offerings!

PERSONAL TRAINING

DATES: Varies **TIMES:** Varies
AGES: 8+ yrs **COST:** Varies
DESCRIPTION: At the Y, we offer one-on-one, small group and team training, as well as physical assessment and coaching sessions with trained personal trainers! 30 and 60 minute sessions are available. Check your local Y or our website for availability and to register in advance!

TEAM TRAINING

DATES: Varies **TIMES:** Varies
AGES: 8+ yrs **COST:** Varies
DESCRIPTION: Fitness is more fun with friends! We offer a variety of Team Training opportunities, ranging anywhere from boot camp style classes like Y Tough, to buddy personal training packages. Check your local Y or our website for availability and to register!

TEEN STRENGTH & CONDITIONING

DATES: Mon & Wed **TIMES:** 5-6pm
AGES: 12-17 yrs **COST:** \$50/month
DESCRIPTION: Covering the fundamentals of working out, warm-up, strength training and recovery. With the guidance of a personal trainer, this program will teach the skills and knowledge needed for teens to put together their own workouts so they can successfully workout on their own or continue to push themselves in this program. The program uses various types of equipment such as barbells, dumbbells, kettlebells and more, along with various types of training including sports conditioning, HIIT, TRX mixed conditioning and other styles of training.



ADULT & SENIOR ACTIVITIES

BINGO & CRAFTS

DATES: Varies **TIMES:** Varies
AGES: 62+ yrs **COST:** Free
DESCRIPTION: Our Active Older Adult programming at the Y is full of excitement! From Bingo to crafts; from field trips to social events* – there is something for everyone to enjoy! Check your local Y or our website for upcoming events and to register in advance! *Some field trips and/or special events may have a cost associated with them.

BLOOD PRESSURE SELF-MONITORING PROGRAM

DATES: Varies **TIMES:** Varies
AGES: 18+ yrs **COST:** Free
DESCRIPTION: The simple process of checking and recording your blood pressure at least twice a month over a period of four months has been shown to lower blood pressure in some people with hypertension. Blood Pressure Self-Monitoring is an evidence based program that features personalized support for developing a blood pressure self-monitoring routine, tips for maintaining cardiovascular health and nutrition education. You do not have to be a Y member to participate. Check your local Y or our website for the next four-month session.

CARDS & COFFEE

DATES: Fri **TIMES:** 11am-1pm
AGES: 62+ yrs **COST:** Free
DESCRIPTION: Bring a beverage: coffee, tea, or water (if you like) and join us for some cards and Mingle! No experience necessary. Check your local Y or our website for upcoming sessions and to register in advance!

DOC TALKS

DATES: Varies **TIMES:** Varies
AGES: 62+ yrs **COST:** Free
DESCRIPTION: The Y is honored to partner with local medical professionals to offer a variety of workshops and seminars on various topics concerning your health. Past topics include heart health, memory loss, fall prevention and much more. Check your local Y or our website for upcoming sessions and to register in advance!

ENHANCE

DATES: Varies **TIMES:** Varies
AGES: 18+ yrs **COST:** Free for Y Members, Individual AOA PPI: \$50, Couple AOA PPF: \$70
DESCRIPTION: Enhance Fitness is a proven senior fitness and arthritis management program that improves your endurance, strength, balance and flexibility. It reduces your arthritis symptoms with safe, low-impact exercises led by certified instructors in a relaxed atmosphere that promotes fun, laughter, friendship and smiles. Enhance Fitness has been recognized by the CDC and other national organizations committed to improving the health of older adults. Of all the program's multiple benefits though, the one that matters the most is that it's a great time! Check your local Y or our website for the next 16-week session!

FIELD TRIPS

DATES: Varies **TIMES:** Varies
AGES: 18+ yrs **COST:** Varies
DESCRIPTION: Our AOAs love to have fun, so we hope you can join us on our next Field Trip! We plan fun social excursions, including trips to wineries, dinner shows, nature trails, holiday events...you name it, we'll take the bus there! Check your local Y or our website for the next upcoming Field Trip and get your name on the list!

LIVESTRONG CANCER SURVIVOR PROGRAM

DATES: Varies **TIMES:** Varies
AGES: 18+ yrs **COST:** Free
DESCRIPTION: LIVESTRONG at the Y focuses on you – the whole person – not the disease. The free, 12-week program meets twice a week for 90 minutes, using traditional exercise methods to ease you back into fitness and help you maintain a healthy weight. Plus, learn about wellness, stress reduction techniques and how to continue healthful habits after the program has ended. Just as important, LIVESTRONG at the Y encourages a warm spirit of community – a safe, comfortable place for you to build companionship with others affected by cancer and share stories of inspiration. Check your local Y or our website for the next 12-week session!

SENIOR CONNECTIONS

DATES: Varies **TIMES:** Varies
AGES: 62+ yrs **COST:** Free
DESCRIPTION: If you're new to the Y, we invite you to get plugged in and join us for Senior Connections! This 30 minute monthly mingle will give you the opportunity to discover all of our senior programs, services and amenities we offer – all while meeting your Health & Wellness team and new Y friends! Check your local Y or our website for upcoming sessions and to register in advance!

SWIM LESSONS

DATES: Varies **TIMES:** Varies
AGES: 18+ yrs **COST:** \$109 for 8 Sessions
DESCRIPTION: Learning to swim offers much more than safety around the water. It builds self-confidence, develops self-esteem, and makes water a safe, fun environment for a lifetime! Our swim lessons are specifically tailored to the participant's age, swimming ability, level of physical development and confidence in the water. Participants will progress to the next stage based on swim evaluations. Our program uses skill-based instruction through activities that maximize physical activity, emphasize safety, all while engaging families. Check your local Y or our website for upcoming sessions and to register in advance!





FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Membership Rates



Changemaker Membership

Fam: \$73 | Ind: \$40
Young Adult: \$30

Be a changemaker in your local community! This membership level grants you access to all that the Y has to offer, while also helping another family or individual access the Y's programs and services. Become a changemaker, for a better US.



Strengthening Community Membership

Fam: \$55 | Ind: \$30
Young Adult: \$20

We've taken the current financial landscape of Las Vegas into consideration with this membership level. As we navigate through this new normal, the Y is here to help strengthen our community and offer a discounted rate for those who may need it most.



Y For All Membership

Family, Individual & Young Adult PLEASE SEE FRONT DESK

The Y truly is a place for ALL. If your financial situation doesn't allow for any of the other membership levels, let's talk. We will determine a rate that works best for you, because at the Y, everyone belongs.



Military Membership

Fam: \$45 | Ind: \$25

The Y is committed to those who serve our country and we are honored to offer this special membership rate for any military members and veterans.

The YMCA of Southern Nevada is committed to continuing to serve our Las Vegas community, through membership rates that meet you exactly where you are. **The Y is for all.**

4 Locations. One Membership

- Centennial Hills Y ▼ Durango Hills Y
- Heinrich Y ▼ SkyView Y