



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

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Valley Residents Invited for Free Fun at the SkyView YMCA Grand Opening, Sat., Sept. 17

The Y offers free "Try the Y" day and valuable offers at all locations

Las Vegas (August 15, 2011) – The YMCA of Southern Nevada invites families and individuals of all ages to the SkyView YMCA grand opening on Saturday, September 17 from 10 a.m. to noon. The SkyView YMCA is located in North Las Vegas at 3050 E. Centennial Parkway between Losee Road and N. Pecos Road south of the 215 Beltway. The event is free and open to the public.

Festivities will include family activities, bounce houses and exciting classes, including the debut of Les Mills BODYPUMP at the Y. Attendees will receive free giveaways and refreshments, while supplies last. Children as young as six months can experience what takes place in a Y swim lesson during the free Y Splash, scheduled by age group during the grand opening. Pre-registration at the SkyView YMCA is required for Y Splash, and participants will receive a coupon for swim lessons. Grand opening prizes will include Y memberships, swim lessons, sports items and an iPad2.

To celebrate SkyView's grand opening and promote wellness, the Y encourages individuals of every age and fitness level to try the Y for free on Saturday, September 17. In addition, those who join on September 17 will enroll with no joining fee and receive a free program, a value of over \$150. While grand opening festivities will only be held at the SkyView YMCA from 10 a.m. to noon, these offers are available to new members on September 17 all day (8 a.m. to 4 p.m.) at all Y locations, including the Heinrich YMCA, 4141 Meadows Lane, Durango Hills YMCA, 3521 N. Durango Dr. and the Centennial Hills YMCA, 6601 N. Buffalo Dr. Both offers may be used; no coupons required.

"The back-to-school season is the perfect time to establish a wellness routine, and we're dedicated to creating opportunities for everyone to get active at our Ys," said Mike Lubbe, YMCA President and CEO. "Our partnership with the City of North Las Vegas gives us an incredible opportunity to offer healthy living programs to families. We hope everyone will come out and celebrate wellness with us on September 17."

The Y was awarded the contract to operate the City of North Las Vegas SkyView Multi-Generational Center in spring 2011. It is the Y's fourth branch operation, along with the YMCA-owned Bill & Lillie Heinrich YMCA, and the City of Las Vegas' Durango Hills and Centennial Hills Community Centers, both operated by the Y.

The 36,000-square-foot facility includes a state-of-the-art wellness center with cardio equipment, circuit machines and dumbbells, an indoor swimming pool with lap lanes and lesson areas, and a child care room. Studios house classes, including yoga, Zumba, cycling, kickboxing, martial arts, pilates, aerobics and "Y-Kids," which are the Y's child-focused classes. Other amenities include locker rooms, vending areas, and naturally lit relaxation areas with Wi-Fi.

Individuals of every age, fitness and income level can benefit from the SkyView YMCA's programs in the areas of aquatics, wellness, sports, camps and family activities. The Y is a nonprofit organization, and no one is turned away because of an inability to pay. Financial assistance is available.

To learn more about the SkyView YMCA, visit www.lasvegasyymca.org or call (702) 522-7500.

the Y

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Across the U.S., 2,687 Ys engage 21 million individuals – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors. The YMCA of Southern Nevada, established in 1944, invites community members to stay active at the Bill & Lillie Heinrich YMCA, 4141 Meadows Lane; the City of Las Vegas' Durango Hills Community Center, 3521 N. Durango Dr., and Centennial Hills Community Center, 6601 N. Buffalo Dr., both operated by the YMCA; and the City of North Las Vegas SkyView Multi-Generational Center, 3050 E. Centennial Parkway, operated by the YMCA. No one is turned away because of an inability to pay. Visit www.lasvegasyymca.org.

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