



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of Southern Nevada
KIDS & BABY GYM INFORMATION (Ages 3 months – 7 years old)

Updated January 2012

Kids & Baby Gym Hours vary by location. Hours are posted at each Y. This is a Y amenity, available on a first come, first served basis.

Ratio: 1:15 kids (1-7 years) / 1:5 babies (3-11 months)

Sign In & Out Procedures

The following procedures will be strictly enforced for the safety of the children:

- All members must have a Y card and scan in/out of Kids Gym. If the Y does not have a computer scanner, member must have picture identification along with their Y card.
- Same parent must pick up the child.
- Must have a family membership.
- Only 1 adult is allowed at the sign in/out area at a time.
- Members must list their location INSIDE the building and notify Kids Gym staff if the location changes. Member is not allowed to leave the building; therefore, member is not allowed to use Kids Gym when going to the water park.
- Only Kids Gym employees and directors are allowed in the Kids Gym area.
- Only Kids Gym employees are allowed to open and close the monitor door.
- PLEASE allow 10-15 minutes before and after your workout for sign in and out procedures. Example: If the fitness class starts at 6 p.m., drop off the child at 5:50 p.m. to provide time for the check in and out procedures.

Terms of Use

- Must maintain a **Family** Membership.
- Parents must remain in the building while child is in Kids Gym; therefore, member is not allowed to use Kids Gym if they are going to use the water park (outside of the facility).
- Family Membership – it is the immediate family on the account: Mother, father or legal guardian parent. Only parents/legal guardian named on the account can drop off and pick up the child from Kids Gym.
- Children can participate in Kids Gym for a maximum of 2 hours.
- Emergency contacts will be called for any child whose guardian leaves the building. Late pick up and or abandonment of your child will result in the loss of Kids Gym privileges.

Child Care Staff

All staff members go through an application and interview process that includes reference checks. Once hired, they are fingerprinted and take a course on child abuse prevention. Childcare employees attend training throughout the year and attend required in-services. All Youth and Family staff members are First Aid and CPR certified.

YMCA Bathroom Procedures

- No child is ever allowed into a bathroom until inspected for safety by staff.
- No child is ever alone with a staff person in the bathroom.
- Children are encouraged to go on bathroom breaks with the large group accompanied only by staff.
- When a child needs to use the restroom, he or she is taken to one of the single stall family restrooms.
- Staff members do NOT assist children in using the bathroom.
- Staff members do NOT change diapers.
- Staff will retrieve parents for dirty diapers and/or bathroom assistance.

Health Checks

- Please be respectful of other families. If your child contracts anything that may be contagious please call and let us know. Your name will be kept confidential, but other parents would like to know if their child has been exposed to anything. Your child's health status will be checked informally each day.
- If your child shows any sign of illness, during check in, the Y reserves the right to refuse service for the health and safety of the children and the staff.
- If your child shows any sign of illness, rash, high temperature, diarrhea, infection, lice, or any contagious diseases, etc., the parent/guardian or authorized person will be called and required to pick up the child within one hour. If your child has head lice, his/her hair needs to be shampooed according to directions given by your physician. Children will not be allowed in Kids Gym with any signs of nits.

Illness & Injury

- Staff members will notify parents if the child has not been feeling well and needs to be picked up.
- We are not equipped to care for ill children. If a minor injury occurs the staff will treat the child and complete an "ouch and/or incident report."
- Parents will be notified immediately if the child is injured.
- In the event of a serious injury requiring immediate medical treatment, the director or staff will call 911 and the parent immediately.

Snacks (Rules vary by Y. Inquire at your location.)

- There are no snacks or drinks allowed in Kids Gym. Please feed your child prior to them coming to Kids Gym.
- Water fountains are available if your child becomes thirsty.
- Bottles are allowed. All bottles MUST be clearly labeled with first and last name, which needs to be pre-made by the parent.

Proper Attire

- Children should wear simple non-restrictive clothing.
- Please no hoods with strings.
- Children must wear closed-toe gym shoes and keep them on at all times. Kids Gym will be implementing a planned physical activity and a "free play" time; therefore, it is essential for the child to have proper shoes.
- No flip-flops or loose form fitting shoes (shoes need to be securely fastened); no hats.