



Bill and Lillie Heinrich Y Aquatics Department

Swimming Lessons – Spring 2012

Group Lessons

Parent & Child Lessons are for infants and toddlers ages 6 months through 3 years old. These classes are designed to teach babies and parents basic water safety while gaining comfort in the water. Classes are 30 minutes long.

Preschool Lessons are for kids ages 3 years through 6 years old. Students progress through several levels of swimming lessons from learning basics like blowing bubbles to being able to swim laps of front stroke and back stroke. Classes are 30 minutes long.

Youth Lessons are for kids ages 7 years through 12 years old. These classes are designed for older students who feel comfortable in water and are ready to learn to swim. Students will learn to float, tread water and swim all 4 competitive strokes. Classes are 45 minutes long.

Teen & Adult Lessons are for ages 13 through 103 years old. These classes are for students with little or no swim experience and are designed to help build confidence in the water while learning basic strokes. Classes are 45 minutes long.

*Prices per Session (each session is 8 lessons):

-\$50 for Members

-\$97 for Non-Members, plus a yearly Program Participant Fee

Private Lessons

Private Lessons are designed to meet each individual student's needs. We can cater lessons for all ages, needs and developmental abilities. Lessons are 30 minutes long and can meet as frequently as you like. Fill out a Private Lesson Request form and an instructor will call you and arrange times and dates to suit your schedule. Inquire about our group private rates too!

*Prices per Lessons:

-Members: \$26 for 1/ \$66 for 3/\$111 for 6

-Non-Members: \$34 for 1/\$87 for 3/\$162 for 6

Swim Team

Swim Team is for kids with a passion for swimming. Our recreational swim teams are broken up into Junior Varsity (3-7 years old) and Varsity teams (8-15 years old) and they compete locally in swim meets. Participants must be able to swim laps in the pool. A try-out is required.

*Prices per Month:

-No start or stop date, may begin at anytime!

-Members: \$50 monthly; Non-Members: \$55 monthly

Session Dates

<p style="text-align: center;">Weekday Lessons are twice a week for 4 weeks:</p> <p style="text-align: center;">January 9th/10th – February 1st/2nd February 6th/7th – February 29th/March 1st March 5th/6th – March 28th/29th April 2nd/3rd – April 25th/26th April 30th/May 1st – May 23rd/24th</p>	<p style="text-align: center;">Saturday Classes are once a week for 8 weeks:</p> <p style="text-align: center;">January 14th – March 3rd March 10th – April 28th May 5th – June 30th</p>
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Session Times

<p>Parent & Child Classes: (6 months – 2 years)</p>	<p style="text-align: center;"><u>Choose either...</u> Tuesdays & Thursdays at 10am or 6pm Saturdays at 9am</p>
<p>Preschool Lessons: (3 years – 6 years)</p>	<p style="text-align: center;"><u>Choose either...</u> Monday & Wednesday at 5pm Tuesday & Thursday at 10am or 5pm Saturdays at 10am</p>
<p>Youth Lessons: (7 years – 12 years)</p>	<p style="text-align: center;"><u>Choose either...</u> Monday & Wednesday at 6:30pm Tuesday & Thursday at 6:30pm Saturdays at 11am</p>
<p>Teens & Adults Lessons: (13 years and up)</p>	<p style="text-align: center;"><u>Choose either...</u> Monday & Wednesday at 7pm Saturdays at 12pm</p>
<p>Junior Varsity Swim Team: (3 years – 7 years)</p>	<p style="text-align: center;">Mondays & Wednesdays at 6pm</p>
<p>Varsity Swim Team: (8 years – 15 years)</p>	<p style="text-align: center;">Monday through Thursday at 6pm</p>

Questions?

Visit the front desk or call the aquatics coordinator at 877-9622, ext. 4988.

Para Espanol contacte a Danise Morales al 877-7232.

Bill & Lillie Heinrich YMCA
 4141 Meadows Lane
 Las Vegas, NV 89107

lasvegasymca.org



